	May 27-Jun 2								
TIME	Monday, May 27, 2019	Tuesday, May 28, 2019	Wednesday, May 29, 2019	Thursday, May 30, 2019	Friday, May 31, 2019	Saturday, June 1, 2019	Sunday, June 2, 2019	TIME	
12:00 AM						This Old House	This Old House	12:00 AN	
12:30 AM						10 Parks	10 Monuments That Changed America	12:30 AN	
1:00 AM						That Changed America	To Monamenta That Changes America	1:00 AM	
1:30 AM						Lidia's Kitchen	Lidia's Kitchen	1:30 AM	
2:00 AM						This Old House	Knit and Crochet Now	2:00 AM	
2:30 AM						Garden Smart	Painting and Travel with Roger & Sarah Bansemer	2:30 AM	
3:00 AM						P. Allen Smith's Garden Home	Lucky Chow	3:00 AM	
3:30 AM						For Your Home	Ciao Italia	3:30 AM	
4:00 AM						For Your Home	Essential Pepin	4:00 AM	
4:30 AM						Critter Control; Natural Ways to Repel Backvard Wildlife Pests	Joanne Weir's Plates and Places	4:30 AM	
5:00 AM						P. Allen Smith's Garden Home	Trails to Oishii Tokyo	5:00 AN	
5:30 AM						Make Your Mark	Journeys In Japan	5:30 AM	
6:00 AM						For Your Home	Ask This Old House	6:00 AM	
6:30 AM						Critter Control; Natural Ways to Repel Backyard Wildlife Pests	The Woodwright's Shop	6:30 AM	
7:00 AM						P. Allen Smith's Garden Home	Garden Smart	7:00 AM	
7:30 AM						Garden Smart	Make48	7:30 AM	
8:00 AM						P. Allen Smith's Garden Home	This Old House	8:00 AM	
8:30 AM						Critter Control; Natural Ways to Repel Backyard Wildlife Pests	Garden Smart	8:30 AM	
9:00 AM						Sara's Weeknight Meals	P. Allen Smith's Garden Home	9:00 AM	
9:30 AM						Lidia's Kitchen	For Your Home	9:30 AM	
10:00 AM						Cook's Country	For Your Home	10:00 AN	
10:30 AM						Pati's Mexican Table	Critter Control; Natural Ways to Repel Backyard Wildlife Pests	10:30 AN	
11:00 AM						My Greek Table with Diane Kochilas	P. Allen Smith's Garden Home	11:00 AN	
11:30 AM						This Old House	Make Your Mark	11:30 AN	
12:00 PM								12:00 PN	
12:30 PM						Food: What The Heck Should I Eat?	Roadmap to Happiness with Gretchen Rubin	12:30 PN	
1:00 PM						With Mark Hyman, Md		1:00 PM	
1:30 PM								1:30 PM	
2:00 PM							Live better Now with Mimi Guarneri, Md	2:00 PN	
2:30 PM						3 Steps to Incredible Health!		2:30 PM	
3:00 PM						with Joel Fuhrman, M.D.		3:00 PM	
3:30 PM							Memory Rescue	3:30 PM	
4:00 PM							with Daniel Amen, M.D.	4:00 PM	
4:30 PM						Paties Cafe & Consum		4:30 PN	
_						Retire Safe & Secure			
5:00 PM						Retire Safe & Secure with Ed Slott 2019			
5:00 PM 5:30 PM							Food: What The Heck Should I Eat?	5:00 PM	
_							Food: What The Heck Should I Eat? With Mark Hyman, Md	5:00 PM 5:30 PM	
5:30 PM						with Ed Slott 2019 Memory Rescue		5:00 PM 5:30 PM 6:00 PM	
5:30 PM 6:00 PM						with Ed Slott 2019		5:00 PM 5:30 PM 6:00 PM 6:30 PM	
5:30 PM 6:00 PM 6:30 PM						with Ed Slott 2019 Memory Rescue	With Mark Hyman, Md 3 Steps to Incredible Health!	5:00 PM 5:30 PM 6:00 PM 6:30 PM 7:00 PM	
5:30 PM 6:00 PM 6:30 PM 7:00 PM						with Ed Slott 2019 Memory Rescue	With Mark Hyman, Md	5:00 PM 5:30 PM 6:00 PM 6:30 PM 7:00 PM	
5:30 PM 6:00 PM 6:30 PM 7:00 PM 7:30 PM						Memory Rescue with Daniel Amen, M.D. Deepak Chopra: The Spiritual Laws of	With Mark Hyman, Md 3 Steps to Incredible Health!	5:00 PM 5:30 PM 6:00 PM 6:30 PM 7:00 PM 7:30 PM	
5:30 PM 6:00 PM 6:30 PM 7:00 PM 7:30 PM 8:00 PM						with Ed Slott 2019 Memory Rescue with Daniel Amen, M.D.	With Mark Hyman, Md 3 Steps to Incredible Health!	5:00 PM 5:30 PM 6:00 PM 6:30 PM 7:00 PM 7:30 PM 8:00 PM	
5:30 PM 6:00 PM 6:30 PM 7:00 PM 7:30 PM 8:00 PM 8:30 PM						Memory Rescue with Daniel Amen, M.D. Deepak Chopra: The Spiritual Laws of	With Mark Hyman, Md 3 Steps to Incredible Health! with Joel Fuhrman, M.D.	5:00 PM 5:30 PM 6:00 PM 6:30 PM 7:00 PM 7:30 PM 8:00 PM 8:30 PM 9:00 PM	
5:30 PM 6:00 PM 6:30 PM 7:00 PM 7:30 PM 8:00 PM 8:30 PM 9:00 PM						Memory Rescue with Daniel Amen, M.D. Deepak Chopra: The Spiritual Laws of	With Mark Hyman, Md 3 Steps to Incredible Health!	5:00 PM 5:30 PM 6:00 PM 6:30 PM 7:00 PM 7:30 PM 8:00 PM 9:00 PM 9:30 PM	
5:30 PM 6:00 PM 6:30 PM 7:00 PM 7:30 PM 8:00 PM 8:30 PM 9:00 PM						Memory Rescue with Daniel Amen, M.D. Deepak Chopra: The Spiritual Laws of Success Brain Secrets	With Mark Hyman, Md 3 Steps to Incredible Health! with Joel Fuhrman, M.D.	5:00 PM 5:30 PM 6:00 PM 6:30 PM 7:00 PM 8:00 PM 8:30 PM 9:30 PM 9:30 PM	
5:30 PM 6:00 PM 6:30 PM 7:00 PM 7:30 PM 8:00 PM 8:30 PM 9:00 PM 9:30 PM						Memory Rescue with Daniel Amen, M.D. Deepak Chopra: The Spiritual Laws of Success	With Mark Hyman, Md 3 Steps to Incredible Health! with Joel Fuhrman, M.D.	5:00 PM 5:30 PM 6:00 PM 6:30 PM 7:00 PM 7:30 PM 8:30 PM 9:00 PM 10:00 PA 10:30 PM	

				Jun 3-9				
TIME	Monday, June 3, 2019	Tuesday, June 4, 2019	Wednesday, June 5, 2019	Thursday, June 6, 2019	Friday, June 7, 2019	Saturday, June 8, 2019	Sunday, June 9, 2019	TIME
12:00 AM	Ask This Old House	Ask This Old House	Craftsman's Legacy	Ask This Old House	Craftsman's Legacy	This Old House	This Old House	12:00 AM
12:30 AM	Rick Steves' Europe	- 10 Streets That Changed America	Joseph Rosendo's Travelscope	Rick Steves' Europe	Joseph Rosendo's Travelscope	10 Towns	10 Streets That Changed America	12:30 AM
1:00 AM	Samantha Brown's Places to Love	To outdook That Ghangou 7 monda	Music Voyager	Samantha Brown's Places to Love	Music Voyager	That Changed America	To Guesto That Ondingou vinonica	1:00 AM
1:30 AM	Martha Bakes	Lidia's Kitchen	Martha Bakes	Lidia's Kitchen	Martha Bakes	Lidia's Kitchen	Lidia's Kitchen	1:30 AM
2:00 AM	Quilting Arts	Best of Sewing with Nancy	Knit and Crochet Now	It's Sew Easy	Fons & Porter's Love of Quilting	Simply Ming	Knit and Crochet Now	2:00 AM
2:30 AM	Paint This with Jerry Yarnell	Best of the Joy of Painting	Painting with Wilson Bickford	Best of the Joy of Painting	Paint This with Jerry Yarnell	Baking with Julia	Grand View	2:30 AM
3:00 AM	Mike Colameco's Real Food	P. Allen Smith's Garden to Table	Lucky Chow	P. Allen Smith's Garden to Table	Mike Colameco's Real Food	Baking with Julia	Lucky Chow	3:00 AM
3:30 AM	New Orleans Cooking with Kevin Belton	Mexico One Plate at a Time with Rick Bavless	Ciao Italia	Mexico One Plate at a Time with Rick Bayless	New Orleans Cooking with Kevin Belton	Simply Ming	Ciao Italia	3:30 AM
4:00 AM	The Jazzy Vegetarian	Dining with the Chef	Essential Pepin	Yan Can Cook: Spice Kingdom	The Jazzy Vegetarian	The Jazzy Vegetarian	Essential Pepin	4:00 AM
4:30 AM	lowa Ingredient	Primal Grill with Steven Raichlen	Joanne Weir's Plates and Places	Primal Grill with Steven Raichlen	Healthful Indian Flabors with Alamelu	Simply Ming	Joanne Weir's Plates and Places	4:30 AM
5:00 AM	Mississippi Roads	Pedal America	Born to Explore with Richard Wiese	Pedal America	Bare Feet with Mickela Mallozzi	Jacques Pepin: Heart & Soul	Trails to Oishii Tokyo	5:00 AM
5:30 AM	Joseph Rosendo's Travelscope	Travels with Darley	Dream of Italy	Travels with Darley	Joseph Rosendo's Travelscope	Simply Ming	Journeys In Japan	5:30 AM
6:00 AM	This Old House	Craftsman's Legacy	Ask This Old House	Craftsman's Legacy	This Old House	The Jazzy Vegetarian	Ask This Old House	6:00 AM
6:30 AM	American Woodshop	Woodmith Shop	The Woodwright's Shop	Woodsmith Shop	American Woodshop	Sara's Weeknight Meals	The Woodwright's Shop	6:30 AM
7:00 AM	P. Allen Smith's Garden Home	Critter Control; Natural Ways to Repel Backvard Wildlife Pests	Garden Smart	Critter Control; Natural Ways to Repel Backvard Wildlife Pests	P. Allen Smith's Garden Home	Simply Ming	Garden Smart	7:00 AM
7:30 AM	Beads, Baubles and Jewels	Baby Makes 3	Make48	Baby Makes 3	Make Your Mark	Jacques Pepin: Heart & Soul	Make48	7:30 AM
8:00 AM	Quilting Arts	Best of Sewing with Nancy	Knit and Crochet Now	It's Sew Easy	Fons & Porter's Love of Quilting	P. Allen Smith's Garden Home	Simply Ming	8:00 AM
8:30 AM	Paint This with Jerry Yarnell	Best of the Joy of Painting	Painting with Wilson Bickford	Best of the Joy of Painting	Paint This with Jerry Yarnell	Critter Control; Natural Ways to Repel Backyard Wildlife Pests	Baking with Julia	8:30 AM
9:00 AM	Mike Colameco's Real Food	P. Allen Smith's Garden to Table	Lucky Chow	P. Allen Smith's Garden to Table	Mike Colameco's Real Food	Sara's Weeknight Meals	Baking with Julia	9:00 AM
9:30 AM	New Orleans Cooking with Kevin Belton	Mexico One Plate at a Time with Rick	Ciao Italia	Mexico One Plate at a Time with Rick Bayless	New Orleans Cooking with Kevin Belton	Lidia's Kitchen	Simply Ming	9:30 AM
10:00 AM	The Jazzy Vegetarian	Bayless Dining with the Chef	Essential Pepin	Yan Can Cook: Spice Kingdom	The Jazzy Vegetarian	Cook's Country	The Jazzy Vegetarian	10:00 AM
10:30 AM	lowa Ingredient	Primal Grill with Steven Raichlen	Joanne Weir's Plates and Places	Primal Grill with Steven Raichlen	Healthful Indian Flabors with Alamelu	Pati's Mexican Table	Simply Ming	10:30 AM
11:00 AM	Mississippi Roads	Pedal America	Born to Explore with Richard Wiese	Pedal America	Bare Feet with Mickela Mallozzi	My Greek Table with Diane Kochilas	Jacques Pepin: Hearth & Soul	11:00 AM
11:30 AM	Joseph Rosendo's Travelscope	Travels with Darley	Dream of Italy	Travels with Darley	Joseph Rosendo's Travelscope	This Old Harra	Ciarati Mia a	
11.00 Airi	Joseph Rosendo's Travelscope	I lavels will balley		Travers with Darrey	Joseph Rosendo's Haveiscope	This Old House	Simply Wing	11:30 AM
12:00 PM	Joseph Rosendo's Traveiscope	Travels with Danley	Diedili di ilaly	Travers with Danley	Joseph Rosendo's Travelscope	This Old House	Simply Ming	
		Travels with Darley				Great Performances		12:00 PM
12:00 PM	Suze Orman's Financial Solutions for You	Travers with Darrey	Henry Louis Gates, Jr Uncovering America	Ken Burns: The National Parks	Memory Rescue with Daniel Amen, M.D.		Retire Safe & Secure with Ed Slott	12:00 PM
12:00 PM 12:30 PM	Suze Orman's Financial		Henry Louis Gates, Jr Uncovering		Memory Rescue			12:00 PM 12:30 PM 1:00 PM
12:00 PM 12:30 PM 1:00 PM 1:30 PM	Suze Orman's Financial	Les Miserables 25th Anniversary Concert at the O2	Henry Louis Gates, Jr Uncovering		Memory Rescue	Great Performances		12:00 PM 12:30 PM 1:00 PM 1:30 PM
12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM	Suze Orman's Financial Solutions for You	Les Miserables 25th Anniversary Concert	Henry Louis Gates, Jr Uncovering America		Memory Rescue with Daniel Amen, M.D.		Retire Safe & Secure with Ed Slott	12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM
12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM	Suze Orman's Financial	Les Miserables 25th Anniversary Concert	Henry Louis Gates, Jr Uncovering	Ken Burns: The National Parks	Memory Rescue	Great Performances Suze Orman's Financial Solutions for	Retire Safe & Secure with Ed Slott	12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM
12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:00 PM	Suze Orman's Financial Solutions for You Feel Better Fast and Make it Last with	Les Miserables 25th Anniversary Concert	Henry Louis Gates, Jr Uncovering America	Ken Burns: The National Parks PBS Previews: Chasing the Moon	Memory Rescue with Daniel Amen, M.D. Food: What The Heck Should I Eat?	Great Performances Suze Orman's Financial Solutions for	Retire Safe & Secure with Ed Slott	12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:00 PM
12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:00 PM	Suze Orman's Financial Solutions for You Feel Better Fast and Make it Last with	Les Miserables 25th Anniversary Concert	Henry Louis Gates, Jr Uncovering America John Denver: Country Boy Live Better Now	Ken Burns: The National Parks	Memory Rescue with Daniel Amen, M.D. Food: What The Heck Should I Eat? With Mark Hyman, Md	Great Performances Suze Orman's Financial Solutions for You	Retire Safe & Secure with Ed Slott Live Better Now with Mimi Guarneri, Md	12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:00 PM
12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:00 PM 3:30 PM 4:00 PM	Suze Orman's Financial Solutions for You Feel Better Fast and Make it Last with	Les Miserables 25th Anniversary Concert at the O2	Henry Louis Gates, Jr Uncovering America John Denver: Country Boy	Ken Burns: The National Parks PBS Previews: Chasing the Moon Suze Orman's Financial Solutions for	Memory Rescue with Daniel Amen, M.D. Food: What The Heck Should I Eat?	Great Performances Suze Orman's Financial Solutions for	Retire Safe & Secure with Ed Slott	12:00 PW 12:30 PW 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:30 PM 4:00 PM
12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:00 PM 3:30 PM 4:00 PM	Suze Orman's Financial Solutions for You Feel Better Fast and Make it Last with	Les Miserables 25th Anniversary Concert	Henry Louis Gates, Jr Uncovering America John Denver: Country Boy Live Better Now with Mimi Guarneri, Md	Ken Burns: The National Parks PBS Previews: Chasing the Moon Suze Orman's Financial Solutions for	Memory Rescue with Daniel Amen, M.D. Food: What The Heck Should I Eat? With Mark Hyman, Md Forever Painless	Great Performances Suze Orman's Financial Solutions for You 3 Steps to Incredible Health!	Retire Safe & Secure with Ed Slott Live Better Now with Mimi Guarneri, Md Food: What The Heck Should I Eat?	12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:30 PM 4:00 PM 4:30 PM
12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:00 PM 3:30 PM 4:00 PM 4:30 PM	Suze Orman's Financial Solutions for You Feel Better Fast and Make it Last with Daniel Amen, Md	Les Miserables 25th Anniversary Concert at the O2 Brain Secrets	Henry Louis Gates, Jr Uncovering America John Denver: Country Boy Live Better Now	Ken Burns: The National Parks PBS Previews: Chasing the Moon Suze Orman's Financial Solutions for You	Memory Rescue with Daniel Amen, M.D. Food: What The Heck Should I Eat? With Mark Hyman, Md Forever Painless with Miranda Esmonde-White Roadmap to Happiness	Great Performances Suze Orman's Financial Solutions for You 3 Steps to Incredible Health!	Retire Safe & Secure with Ed Slott Live Better Now with Mimi Guarneri, Md Food: What The Heck Should I Eat?	12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:00 PM 4:00 PM 4:30 PM
12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:00 PM 3:30 PM 4:00 PM 4:30 PM 5:00 PM	Suze Orman's Financial Solutions for You Feel Better Fast and Make it Last with Daniel Amen, Md	Les Miserables 25th Anniversary Concert at the O2 Brain Secrets	Henry Louis Gates, Jr Uncovering America John Denver: Country Boy Live Better Now with Mimi Guarneri, Md Aging Backwards 2: Connective Tissue	Ken Burns: The National Parks PBS Previews: Chasing the Moon Suze Orman's Financial Solutions for	Memory Rescue with Daniel Amen, M.D. Food: What The Heck Should I Eat? With Mark Hyman, Md Forever Painless with Miranda Esmonde-White	Great Performances Suze Orman's Financial Solutions for You 3 Steps to Incredible Health! with Joel Fuhrman, M.D.	Retire Safe & Secure with Ed Slott Live Better Now with Mimi Guarneri, Md Food: What The Heck Should I Eat?	12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:00 PM 4:00 PM 4:30 PM 5:00 PM
12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:00 PM 4:00 PM 4:00 PM 5:00 PM 6:00 PM	Suze Orman's Financial Solutions for You Feel Better Fast and Make it Last with Daniel Amen, Md	Les Miserables 25th Anniversary Concert at the O2 Brain Secrets	Henry Louis Gates, Jr Uncovering America John Denver: Country Boy Live Better Now with Mimi Guarneri, Md Aging Backwards 2: Connective Tissue Revealed	Ken Burns: The National Parks PBS Previews: Chasing the Moon Suze Orman's Financial Solutions for You 3 Steps to Incredible Health!	Memory Rescue with Daniel Amen, M.D. Food: What The Heck Should I Eat? With Mark Hyman, Md Forever Painless with Miranda Esmonde-White Roadmap to Happiness	Great Performances Suze Orman's Financial Solutions for You 3 Steps to Incredible Health! with Joel Fuhrman, M.D.	Retire Safe & Secure with Ed Slott Live Better Now with Mirni Guarneri, Md Food: What The Heck Should I Eat? With Mark Hyman, Md	12:00 PM 12:30 PM 1:00 PM 1:00 PM 1:30 PM 2:00 PM 3:00 PM 4:00 PM 4:30 PM 5:00 PM 6:00 PM
12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:00 PM 4:00 PM 4:00 PM 5:00 PM 6:30 PM 6:30 PM	Suze Orman's Financial Solutions for You Feel Better Fast and Make it Last with Daniel Amen, Md	Les Miserables 25th Anniversary Concert at the O2 Brain Secrets with Dr. Michael Merzenich	Henry Louis Gates, Jr Uncovering America John Denver: Country Boy Live Better Now with Mimi Guarneri, Md Aging Backwards 2: Connective Tissue	Ken Burns: The National Parks PBS Previews: Chasing the Moon Suze Orman's Financial Solutions for You 3 Steps to Incredible Health!	Memory Rescue with Daniel Amen, M.D. Food: What The Heck Should I Eat? With Mark Hyman, Md Forever Painless with Miranda Esmonde-White Roadmap to Happiness with Gretchen Rubin	Great Performances Suze Orman's Financial Solutions for You 3 Steps to Incredible Health! with Joel Fuhrman, M.D.	Retire Safe & Secure with Ed Slott Live Better Now with Mimi Guarneri, Md Food: What The Heck Should I Eat?	12:00 PM 12:30 PM 1:00 PM 1:00 PM 2:00 PM 2:30 PM 3:00 PM 4:00 PM 4:30 PM 5:00 PM 6:00 PM 6:30 PM
12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:00 PM 4:00 PM 4:00 PM 5:00 PM 6:00 PM 6:30 PM 6:30 PM	Suze Orman's Financial Solutions for You Feel Better Fast and Make it Last with Daniel Amen, Md Downton Abbey Returns!	Les Miserables 25th Anniversary Concert at the O2 Brain Secrets with Dr. Michael Merzenich PBS Previews: Chasing The Moon Roadmap to Happiness	Henry Louis Gates, Jr Uncovering America John Denver: Country Boy Live Better Now with Mimi Guarneri, Md Aging Backwards 2: Connective Tissue Revealed Memory Rescue	Ken Burns: The National Parks PBS Previews: Chasing the Moon Suze Orman's Financial Solutions for You 3 Steps to Incredible Health!	Memory Rescue with Daniel Amen, M.D. Food: What The Heck Should I Eat? With Mark Hyman, Md Forever Painless with Miranda Esmonde-White Roadmap to Happiness	Great Performances Suze Orman's Financial Solutions for You 3 Steps to Incredible Health! with Joel Fuhrman, M.D.	Retire Safe & Secure with Ed Slott Live Better Now with Mirni Guarneri, Md Food: What The Heck Should I Eat? With Mark Hyman, Md	12:00 PM 12:30 PM 1:00 PM 1:00 PM 2:00 PM 2:00 PM 3:00 PM 4:00 PM 4:30 PM 5:30 PM 6:00 PM 6:30 PM
12:00 PM 1:00 PM 1:00 PM 2:00 PM 2:00 PM 2:30 PM 3:00 PM 4:00 PM 4:00 PM 5:00 PM 6:00 PM 6:30 PM 6:30 PM 7:30 PM	Suze Orman's Financial Solutions for You Feel Better Fast and Make it Last with Daniel Amen, Md Downton Abbey Returns!	Les Miserables 25th Anniversary Concert at the O2 Brain Secrets with Dr. Michael Merzenich PBS Previews: Chasing The Moon	Henry Louis Gates, Jr Uncovering America John Denver: Country Boy Live Better Now with Mimi Guarneri, Md Aging Backwards 2: Connective Tissue Revealed Memory Rescue	Ken Burns: The National Parks PBS Previews: Chasing the Moon Suze Orman's Financial Solutions for You 3 Steps to Incredible Health!	Memory Rescue with Daniel Amen, M.D. Food: What The Heck Should I Eat? With Mark Hyman, Md Forever Painless with Miranda Esmonde-White Roadmap to Happiness with Gretchen Rubin Deepak Chopra: The Spiritual Laws of	Great Performances Suze Orman's Financial Solutions for You 3 Steps to Incredible Health! with Joel Fuhrman, M.D.	Retire Safe & Secure with Ed Slott Live Better Now with Mirni Guarneri, Md Food: What The Heck Should I Eat? With Mark Hyman, Md	12:00 PM 12:30 PM 1:00 PM 1:00 PM 2:30 PM 2:30 PM 3:30 PM 4:00 PM 4:30 PM 5:30 PM 6:00 PM 6:30 PM 7:30 PM
12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:00 PM 4:00 PM 4:00 PM 5:00 PM 5:30 PM 6:00 PM 6:30 PM 7:00 PM	Suze Orman's Financial Solutions for You Feel Better Fast and Make it Last with Daniel Amen, Md Downton Abbey Returns!	Les Miserables 25th Anniversary Concert at the O2 Brain Secrets with Dr. Michael Merzenich PBS Previews: Chasing The Moon Roadmap to Happiness	Henry Louis Gates, Jr Uncovering America John Denver: Country Boy Live Better Now with Mimi Guarneri, Md Aging Backwards 2: Connective Tissue Revealed Memory Rescue with Daniel Amen, M.D.	Ken Burns: The National Parks PBS Previews: Chasing the Moon Suze Orman's Financial Solutions for You 3 Steps to Incredible Health! With Joel Fuhrman, M.D.	Memory Rescue with Daniel Amen, M.D. Food: What The Heck Should I Eat? With Mark Hyman, Md Forever Painless with Miranda Esmonde-White Roadmap to Happiness with Gretchen Rubin Deepak Chopra: The Spiritual Laws of	Great Performances Suze Orman's Financial Solutions for You 3 Steps to Incredible Health! with Joel Fuhrman, M.D. Live Better Now with Mimi Guarneri, Md	Retire Safe & Secure with Ed Slott Live Better Now with Mimi Guarneri, Md Food: What The Heck Should I Eat? With Mark Hyman, Md Moments to Remember: My Music	12:00 PM 12:30 PM 1:00 PM 1:00 PM 2:00 PM 2:30 PM 3:00 PM 4:00 PM 4:00 PM 5:00 PM 6:00 PM 6:30 PM 7:00 PM 7:00 PM
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12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:00 PM 3:30 PM 4:00 PM 4:30 PM 5:00 PM 6:00 PM 6:30 PM 7:30 PM 6:30 PM 6:30 PM 6:30 PM 6:30 PM 6:30 PM 6:30 PM 6:30 PM	Suze Orman's Financial Solutions for You Feel Better Fast and Make it Last with Daniel Amen, Md Downton Abbey Returns! Rick Steves' Heart of Italy	Les Miserables 25th Anniversary Concert at the O2 Brain Secrets with Dr. Michael Merzenich PBS Previews: Chasing The Moon Roadmap to Happiness with Gretchen Rubin	Henry Louis Gates, Jr Uncovering America John Denver: Country Boy Live Better Now with Mimi Guarmeri, Md Aging Backwards 2: Connective Tissue Revealed Memory Rescue with Daniel Amen, M.D.	Ken Burns: The National Parks PBS Previews: Chasing the Moon Suze Orman's Financial Solutions for You 3 Steps to Incredible Health! With Joel Fuhrman, M.D.	Memory Rescue with Daniel Amen, M.D. Food: What The Heck Should I Eat? With Mark Hyman, Md Forever Painless with Miranda Esmonde-White Roadmap to Happiness with Gretchen Rubin Deepak Chopra: The Spiritual Laws of	Great Performances Suze Orman's Financial Solutions for You 3 Steps to Incredible Health! with Joel Fuhrman, M.D. Live Better Now with Mimi Guarneri, Md Ken Burns: The National Parks	Retire Safe & Secure with Ed Slott Live Better Now with Mimi Guarneri, Md Food: What The Heck Should I Eat? With Mark Hyman, Md Moments to Remember: My Music	12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:30 PM 2:30 PM 3:30 PM 4:00 PM 5:30 PM 6:30 PM 7:30 PM 7:30 PM 8:30 PM 8:30 PM
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				Jun 10-16				
TIME	Monday, June 10, 2019	Tuesday, June 11, 2019	Wednesday, June 12, 2019	Thursday, June 13, 2019	Friday, June 14, 2019	Saturday, June 15, 2019	Sunday, June 16, 2019	TIME
12:00 AM	Ask This Old House	This Old House	Craftsman's Legacy	Ask This Old House	Craftsman's Legacy	This Old House	This Old House	12:00 AM
12:30 AM	Rick Steves' Europe	10 Hamas That Changed America	Joseph Rosendo's Travelscope	Rick Steves' Europe	Joseph Rosendo's Travelscope	10 Modern Marvels That Changed	10 Homes That Changed America	12:30 AM
1:00 AM	Samantha Brown's Places to Love	- 10 Homes That Changed America	Music Voyager	Samantha Brown's Places to Love	Music Voyager	America	10 Homes That Changed America	1:00 AM
1:30 AM	Martha Bakes	Lidia's Kitchen	Martha Bakes	Lidia's Kitchen	Martha Bakes	Lidia's Kitchen	Lidia's Kitchen	1:30 AM
2:00 AM	Quilting Arts	Best of Sewing with Nancy	Knit and Crochet Now	It's Sew Easy	Fons & Porter's Love of Quilting	Simply Ming	Knit and Crochet Now	2:00 AM
2:30 AM	Paint This with Jerry Yarnell	Best of the Joy of Painting	Painting with Wilson Bickford	Best of the Joy of Painting	Paint This with Jerry Yarnell	P. Allen Smith's Garden to Table	Grand View	2:30 AM
3:00 AM	Mike Colameco's Real Food	P. Allen Smith's Garden to Table	Lucky Chow	P. Allen Smith's Garden to Table	Mike Colameco's Real Food	Joseph Rosendo's Travelscope	Lucky Chow	3:00 AM
3:30 AM	New Orleans Cooking with Kevin Belton	Mexico One Plate at a Time with Rick Bayless	Ciao Italia	Mexico One Plate at a Time with Rick Bayless	New Orleans Cooking with Kevin Belton	Steven Raichlen's Project Smoke	Ciao Italia	3:30 AM
4:00 AM	The Jazzy Vegetarian	Dining with the Chef	Essential Pepin	Yan Can Cook: Spice Kingdom	The Jazzy Vegetarian	Jacques Pepin: Heart & Soul	Essential Pepin	4:00 AM
4:30 AM	lowa Ingredient	Primal Grill with Steven Raichlen	Joanne Weir's Plates and Places	Primal Grill with Steven Raichlen	Healthful Indian Flavors with Alamelu	Craftsman's Legacy	Joanne Weir's Plates and Places	4:30 AM
5:00 AM	Mississippi Roads	Pedal America	Born to Explore with Richard Wiese	Pedal America	Bare Feet with Mickela Mallozzi	Yan Can Cook: Spice Kingdom	Trails to Oishii Tokyo	5:00 AM
5:30 AM	Joseph Rosendo's Travelscope	Travels with Darley	Dream of Italy	Travels with Darley	Joseph Rosendo's Travelscope	Jacques Pepin: Heart & Soul	Journeys In Japan	5:30 AM
6:00 AM	This Old House	Craftsman's Legacy	Ask This Old House	Craftsman's Legacy	This Old House	Joseph Rosendo's Travelscope	Ask This Old House	6:00 AM
6:30 AM	American Woodshop	Woodmith Shop	The Woodwright's Shop	Woodsmith Shop	American Woodshop	Steven Raichlen's Project Smoke	The Woodwright's Shop	6:30 AM
7:00 AM	P. Allen Smith's Garden Home	Critter Control; Natural Ways to Repel Backvard Wildlife Pests	Garden Smart	Critter Control; Natural Ways to Repel Backvard Wildlife Pests	P. Allen Smith's Garden Home	Craftsman's Legacy	Garden Smart	7:00 AM
7:30 AM	Beads, Baubles and Jewels	Baby Makes 3	Make48	Baby Makes 3	Make Your Mark	Jacques Pepin: Heart & Soul	Make48	7:30 AM
8:00 AM	Quilting Arts	Best of Sewing with Nancy	Knit and Crochet Now	It's Sew Easy	Fons & Porter's Love of Quilting	P. Allen Smith's Garden Home	Simply Ming	8:00 AM
8:30 AM	Paint This with Jerry Yarnell	Best of the Joy of Painting	Painting with Wilson Bickford	Best of the Joy of Painting	Paint This with Jerry Yarnell	Critter Control; Natural Ways to Repel Backyard Wildlife Pests	P. Allen Smith's Garden to Table	8:30 AM
9:00 AM	Mike Colameco's Real Food	P. Allen Smith's Garden to Table Mexico One Plate at a Time with Rick	Lucky Chow	P. Allen Smith's Garden to Table Mexico One Plate at a Time	Mike Colameco's Real Food	Sara's Weeknight Meals	Joseph Rosendo's Travelscope	9:00 AM
9:30 AM	New Orleans Cooking with Kevin Belton	Bayless	Ciao Italia	with Rick Bayless	New Orleans Cooking with Kevin Belton	Lidia's Kitchen	Steven Raichlen's Project Smoke	9:30 AM
10:00 AM	The Jazzy Vegetarian	Dining with the Chef	Essential Pepin	Yan Can Cook: Spice Kingdom	The Jazzy Vegetarian	Cook's Country	Jacques Pepin: Heart & Soul	10:00 AM
10:30 AM	lowa Ingredient	Primal Grill with Steven Raichlen	Joanne Weir's Plates and Places	Primal Grill with Steven Raichlen	Healthful Indian Flavors with Alamelu	Pati's Mexican Table	Craftsman's Legacy	10:30 AM
11:00 AM	Mississippi Roads	Pedal America	Born to Explore with Richard Wiese	Pedal America	Bare Feet with Mickela Mallozzi	My Greek Table with Diane Kochilas	Yan Can Cook: Spice Kingdom	11:00 AM
11:30 AM	Joseph Rosendo's Travelscope							
	Joseph Rosendo's Haveiscope	Travels with Darley	Dream of Italy	Travels with Darley	Joseph Rosendo's Travelscope	This Old House	Jacques Pepin: Heart & Soul	11:30 AM
12:00 PM	Joseph Rosendo's Travelscope		Dream of italy		Joseph Rosendo's Travelscope			12:00 PM
12:00 PM 12:30 PM	Rick Steves Heart of Italy	Live Better Now with Mimi Guarneri, Md	Deepak Chopra: The Spiritual Laws of	Roadmap to Happiness with Gretchen Rubin	Food: What The Heck Should I Eat?	Canyons and Ice	Jacques Pepin: Heart & Soul Josh Groban Bridges: In Concert from Madison Square Garden	12:00 PM 12:30 PM
12:00 PM 12:30 PM 1:00 PM				Roadmap to Happiness with Gretchen			Josh Groban Bridges: In Concert from	12:00 PM 12:30 PM 1:00 PM
12:00 PM 12:30 PM 1:00 PM 1:30 PM		Live Better Now with Mimi Guarneri, Md	Deepak Chopra: The Spiritual Laws of	Roadmap to Happiness with Gretchen Rubin	Food: What The Heck Should I Eat?		Josh Groban Bridges: In Concert from Madison Square Garden	12:00 PM 12:30 PM 1:00 PM 1:30 PM
12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM			Deepak Chopra: The Spiritual Laws of Success	Roadmap to Happiness with Gretchen	Food: What The Heck Should I Eat?		Josh Groban Bridges: In Concert from	12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM
12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM		Live Better Now with Mimi Guarneri, Md	Deepak Chopra: The Spiritual Laws of Success Brain Secrets with Dr. Michael	Roadmap to Happiness with Gretchen Rubin Rick Steves' European Travel Tips and	Food: What The Heck Should I Eat?	Canyons and Ice	Josh Groban Bridges: In Concert from Madison Square Garden	12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM
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12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:30 PM 4:30 PM 4:30 PM 5:30 PM 6:30 PM 6:30 PM 7:30 PM	Rick Steves Heart of Italy Ken Burns: The National Parks Deepak Chopra: The Spiritual Laws of Success	Live Better Now with Mimi Guarneri, Md Roadmap to Happiness with Gretchen Rubin Aging Backwards 2: Connective Tissue Revealed with Miranda Esmonde-White Retire Safe & Secure with Ed Slott	Deepak Chopra: The Spiritual Laws of Success Brain Secrets with Dr. Michael Merzenich Food: What The Heck Should I Eat? with Mark Hyman, Md	Roadmap to Happiness with Gretchen Rubin Rick Steves' European Travel Tips and Tricks Henry Louis Gates, Jr Uncovering America Conversation with Ken Burns	Food: What The Heck Should I Eat? with Mark Hyman, Md Retire Safe & Secure with Ed Slott Feel Better Fast and Make It Last with Daniel Amen, Md Rick Steves' European Travel Tips and	Canyons and Ice Memory Rescue with Daniel Amen, M.D. Deepak Chopra: The Spiritual Laws of Success 3 Steps to Incredible Health! with Joel	Josh Groban Bridges: In Concert from Madison Square Garden Great Performances Live Better Now with Mimi Guarneri, Md - Brain Secrets with Dr. Michael Merzenich	12:00 PM 1:00 PM 1:00 PM 2:00 PM 2:00 PM 3:00 PM 3:00 PM 4:00 PM 4:00 PM 5:00 PM 5:30 PM 6:00 PM 6:30 PM 7:00 PM
12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:30 PM 4:00 PM 4:30 PM 5:30 PM 5:30 PM 6:30 PM 6:30 PM 7:30 PM	Rick Steves Heart of Italy Ken Burns: The National Parks Deepak Chopra: The Spiritual Laws of Success Feel Better Fast and Make It Last with Daniel Amen, Md	Live Better Now with Mimi Guarneri, Md Roadmap to Happiness with Gretchen Rubin Aging Backwards 2: Connective Tissue Revealed with Miranda Esmonde-White Retire Safe & Secure with Ed Slott Food: What The Heck Should I Eat? with Mark Hyman, Md	Deepak Chopra: The Spiritual Laws of Success Brain Secrets with Dr. Michael Merzenich Food: What The Heck Should I Eat? with Mark Hyman, Md	Roadmap to Happiness with Gretchen Rubin Rick Steves' European Travel Tips and Tricks Henry Louis Gates, Jr Uncovering America Conversation with Ken Burns	Food: What The Heck Should I Eat? with Mark Hyman, Md Retire Safe & Secure with Ed Slott Feel Better Fast and Make It Last with Daniel Amen, Md Rick Steves' European Travel Tips and	Canyons and Ice Memory Rescue with Daniel Amen, M.D. Deepak Chopra: The Spiritual Laws of Success 3 Steps to Incredible Health! with Joel	Josh Groban Bridges: In Concert from Madison Square Garden Great Performances Live Better Now with Mimi Guarneri, Md Brain Secrets with Dr. Michael Merzenich Canyons and Ice	12:00 PM 1:00 PM 1:00 PM 2:00 PM 2:00 PM 3:00 PM 3:00 PM 4:00 PM 4:00 PM 5:00 PM 5:30 PM 6:00 PM 6:30 PM 7:00 PM 7:30 PM 8:00 PM
12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:30 PM 4:00 PM 4:30 PM 5:30 PM 6:30 PM 6:30 PM 7:30 PM 8:30 PM 8:30 PM	Rick Steves Heart of Italy Ken Burns: The National Parks Deepak Chopra: The Spiritual Laws of Success	Live Better Now with Mimi Guarneri, Md Roadmap to Happiness with Gretchen Rubin Aging Backwards 2: Connective Tissue Revealed with Miranda Esmonde-White Retire Safe & Secure with Ed Slott	Deepak Chopra: The Spiritual Laws of Success Brain Secrets with Dr. Michael Merzenich Food: What The Heck Should I Eat? with Mark Hyman, Md Live Better Now with Mimi Guarneri, Md	Roadmap to Happiness with Gretchen Rubin Rick Steves' European Travel Tips and Tricks Henry Louis Gates, Jr Uncovering America Conversation with Ken Burns	Food: What The Heck Should I Eat? with Mark Hyman, Md Retire Safe & Secure with Ed Slott Feel Better Fast and Make It Last with Daniel Amen, Md Rick Steves' European Travel Tips and Tricks	Canyons and Ice Memory Rescue with Daniel Amen, M.D. Deepak Chopra: The Spiritual Laws of Success 3 Steps to Incredible Health! with Joel Fuhrman, M.D.	Josh Groban Bridges: In Concert from Madison Square Garden Great Performances Live Better Now with Mimi Guarneri, Md - Brain Secrets with Dr. Michael Merzenich	12:00 PM 1:00 PM 1:00 PM 2:00 PM 2:00 PM 3:00 PM 3:00 PM 4:00 PM 4:00 PM 5:00 PM 5:30 PM 6:00 PM 6:30 PM 7:00 PM 7:30 PM 8:00 PM 8:00 PM
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12:00 PM 12:30 PM 1:00 PM 1:30 PM 2:00 PM 2:30 PM 3:00 PM 4:00 PM 4:00 PM 5:00 PM 5:30 PM 6:00 PM 6:00 PM 6:30 PM 7:30 PM 8:00 PM 8:00 PM 1:30 PM 1	Rick Steves Heart of Italy Ken Burns: The National Parks Deepak Chopra: The Spiritual Laws of Success Feel Better Fast and Make It Last with Daniel Amen, Md	Live Better Now with Mimi Guarneri, Md Roadmap to Happiness with Gretchen Rubin Aging Backwards 2: Connective Tissue Revealed with Miranda Esmonde-White Retire Safe & Secure with Ed Slott Food: What The Heck Should I Eat? with Mark Hyman, Md	Deepak Chopra: The Spiritual Laws of Success Brain Secrets with Dr. Michael Merzenich Food: What The Heck Should I Eat? with Mark Hyman, Md Live Better Now with Mimi Guarneri, Md	Roadmap to Happiness with Gretchen Rubin Rick Steves' European Travel Tips and Tricks Henry Louis Gates, Jr Uncovering America Conversation with Ken Burns Memory Rescue with Daniel Amen, M.D.	Food: What The Heck Should I Eat? with Mark Hyman, Md Retire Safe & Secure with Ed Slott Feel Better Fast and Make It Last with Daniel Amen, Md Rick Steves' European Travel Tips and Tricks	Canyons and Ice Memory Rescue with Daniel Amen, M.D. Deepak Chopra: The Spiritual Laws of Success 3 Steps to Incredible Health! with Joel Fuhrman, M.D. Brain Secrets with Dr. Michael Merzenich	Josh Groban Bridges: In Concert from Madison Square Garden Great Performances Live Better Now with Mimi Guarneri, Md Brain Secrets with Dr. Michael Merzenich Canyons and Ice	12:00 PM 12:30 PM 1:30 PM 2:00 PM 2:30 PM 3:00 PM 3:00 PM 4:00 PM 4:00 PM 5:30 PM 5:30 PM 6:00 PM 6:30 PM 7:30 PM 8:30 PM 8:30 PM 9:30 PM 8:30 PM 8:30 PM 8:30 PM 8:30 PM 8:30 PM
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				Jun 17-23				
TIME	Monday, June 17, 2019	Tuesday, June 18, 2019	Wednesday, June 19, 2019	Thursday, June 20, 2019	Friday, June 21, 2019	Saturday, June 22, 2019	Sunday, June 23, 2019	TIME
12:00 AM	Ask This Old House	This Old House	Craftsman's Legacy	Ask This Old House	Craftsman's Legacy	This Old House	This Old House	12:00 AM
12:30 AM	Rick Steves' Europe	10 Monuments That Changed America	Joseph Rosendo's Travelscope	Rick Steves' Europe	Joseph Rosendo's Travelscope	10 Parks That Changed America	10 Monuments That Changed America	12:30 AM
1:00 AM	Samantha Brown's Places to Love		Music Voyager	Samantha Brown's Places to Love	Music Voyager			1:00 AM
1:30 AM	Martha Bakes	Lidia's Kitchen	Martha Bakes	Lidia's Kitchen	Martha Stewart's Cooking School	Lidia's Kitchen	Lidia's Kitchen	1:30 AM
2:00 AM	Quilting Arts	Best of Sewing with Nancy	Knit and Crochet Now	It's Sew Easy	Fons & Porter's Love of Quilting	Pati's Mexican Table	Knit and Crochet Now	2:00 AM
2:30 AM	Paint This with Jerry Yarnell	Best of the Joy of Painting	Painting with Wilson Bickford	Best of the Joy of Painting	Paint This with Jerry Yarnell	Annabel Langbein: The Free Range Cook	Grand View	2:30 AM
3:00 AM	Mike Colameco's Real Food	P. Allen Smith's Garden to Table	Lucky Chow	P. Allen Smith's Garden to Table	Mike Colameco's Real Food	George Hirsch Lifestyle	Lucky Chow	3:00 AM
3:30 AM	New Orleans Cooking with Kevin Belton	Mexico One Plate at a Time with Rick Bayless	Ciao Italia	Mexico One Plate at a Time with Rick Bayless	New Orleans Cooking with Kevin Belton	Katie Brown Workshop	Ciao Italia	3:30 AM
4:00 AM	The Jazzy Vegetarian	Dining with the Chef	Essential Pepin	Yan Can Cook: Spice Kingdom	The Jazzy Vegetarian	The Jazzy Vegetarian	Essential Pepin	4:00 AM
4:30 AM	lowa Ingredient	Primal Grill with Steven Raichlen	Joanne Weir's Plates and Places	Primal Grill with Steven Raichlen	Healthful Indian Flavors with Alamelu	P. Allen Smith's Garden to Table	Joanne Weir's Plates and Places	4:30 AM
5:00 AM	Mississippi Roads	Pedal America	Born to Explore with Richard Wiese	Pedal America	Bare Feet with Mickela Mallozzi	Sara's Weeknight Meals	Trails to Oishii Tokyo	5:00 AM
5:30 AM	Joseph Rosendo's Travelscope	Travels with Darley	Dream of Italy	Travels with Darley	Joseph Rosendo's Travelscope	Lidia's Kitchen	Journeys In Japan	5:30 AM
6:00 AM	This Old House	Craftsman's Legacy	Ask This Old House	Craftsman's Legacy	This Old House	Pati's Mexican Table	Ask This Old House	6:00 AM
6:30 AM	American Woodshop	Woodmith Shop	The Woodwright's Shop	Woodsmith Shop	American Woodshop	Katie Brown Workshop	The Woodwright's Shop	6:30 AM
7:00 AM	P. Allen Smith's Garden Home	Critter Control; Natural Ways to Repel Backvard Wildlife Pests	Garden Smart	Critter Control; Natural Ways to Repel Backvard Wildlife Pests	P. Allen Smith's Garden Home	Annabel Langbein: The Free Range Cook	Garden Smart	7:00 AM
7:30 AM	Beads, Baubles and Jewels	Baby Makes 3	Make48	Baby Makes 3	Make Your Mark	Sara's Weeknight Meals	Make48	7:30 AM
8:00 AM	Quilting Arts	Best of Sewing with Nancy	Knit and Crochet Now	It's Sew Easy	Fons & Porter's Love of Quilting	P. Allen Smith's Garden Home	Pati's Mexican Table	8:00 AM
8:30 AM	Paint This with Jerry Yarnell	Best of the Joy of Painting	Painting with Wilson Bickford	Best of the Joy of Painting	Paint This with Jerry Yarnell	Critter Control; Natural Ways to Repel Backyard Wildlife Pests	Annabel Langbein: The Free Range Cook	8:30 AM
9:00 AM	Mike Colameco's Real Food	P. Allen Smith's Garden to Table	Lucky Chow	P. Allen Smith's Garden to Table	Mike Colameco's Real Food	Sara's Weeknight Meals	George Hirsch Lifestyle	9:00 AM
9:30 AM	New Orleans Cooking with Kevin Belton	Mexico One Plate at a Time with Rick Bayless	Ciao Italia	Mexico One Plate at a Time with Rick Bayless	New Orleans Cooking with Kevin Belton	Lidia's Kitchen	Katie Brown Workshop	9:30 AM
10:00 AM	The Jazzy Vegetarian	Dining with the Chef	Essential Pepin	Yan Can Cook: Spice Kingdom	The Jazzy Vegetarian	Cook's Country	The Jazzy Vegetarian	10:00 AM
10:30 AM	lowa Ingredient	Primal Grill with Steven Raichlen	Joanne Weir's Plates and Places	Primal Grill with Steven Raichlen	Healthful Indian Flavors with Alamelu	Pati's Mexican Table	P. Allen Smith's Garden to Table	10:30 AM
11:00 AM	Mississippi Roads	Pedal America	Born to Explore with Richard Wiese	Pedal America	Bare Feet with Mickela Mallozzi	My Greek Table with Diane Kochilas	Sara's Weeknight Meals	11:00 AM
11:30 AM	Joseph Rosendo's Travelscope	Travels with Darley	Dream of Italy	Travels with Darley	Joseph Rosendo's Travelscope	This Old House	Lidia's Kitchen	11:30 AM
12:00 PM	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe			12:00 PM
12:30 PM	American Woodshop	Woodmith Shop	The Woodwright's Shop	Woodsmith Shop	American Woodshop			12:30 PM
1:00 PM	P. Allen Smith's Garden Home	Critter Control; Natural Ways to Repel Backvard Wildlife Pests	Garden Smart	Critter Control; Natural Ways to Repel Backvard Wildlife Pests	P. Allen Smith's Garden Home			1:00 PM
1:30 PM	Beads, Baubles and Jewels	Baby Makes 3	Make48	Baby Makes 3	Make Your Mark			1:30 PM
2:00 PM	This Old House	Craftsman's Legacy	Ask This Old House	Craftsman's Legacy	This Old House			2:00 PM
2:30 PM	My Greek Table with Diane Kochilas	My Greek Table with Diane Kochilas	My Greek Table with Diane Kochilas	Moveable Feast with Fine Cooking	Moveable Feast with Fine Cooking			2:30 PM
3:00 PM	Simply Ming		Steven Raichlen's Project Fire		Simply Ming			3:00 PM
3:30 PM	Sara's Weeknight Meals	The Great British Baking Show	Christopher Kimball's Milk Street Television	The Great British Baking Show	Sara's Weeknight Meals			3:30 PM
4:00 PM	Lidia's Kitchen	Martha Bakes	Lidia's Kitchen	Martha Stewart's Cooking School	Lidia's Kitchen			4:00 PM
4:30 PM	Cook's Country	America's Test Kitchen from Cook's	Cook's Country	America's Test Kitchen from Cook's	Cook's Country			4:30 PM
5:00 PM	Patti's Mexican Table	Illustrated Kevin Belton's New Orleans Kitchen	Pati's Mexican Table	Illustrated Kevin Belton's New Orleans Kitchen	Pati's Mexican Table			5:00 PM
5:30 PM	My Greek Table with Diane Kochilas	My Greek Table with Diane Kochilas	My Greek Table with Diane Kochilas	Moveable Feast with Fine Cooking	Moveable Feast with Fine Cooking			5:30 PM
6:00 PM	This Old House	Craftsman's Legacy	Ask This Old House	Craftsman's Legacy	This Old House	- Alaska Public Media Pledge Programs	Alaska Public Media Pledge Programs	6:00 PM
6:30 PM		Joseph Rosendo's Travescope	Rick Steves' Europe	Joseph Rosendo's Travelscope				6:30 PM
7:00 PM	- 10 Monuments That Changed America	Music Voyager	Samantha Brown's Places to Love	Music Voyager	10 Parks That Changed America			7:00 PM
7:30 PM	Lidia's Kitchen	Martha Bakes	Lidia's Kitchen	Martha Stewart's Cooking School	Lidia's Kitchen			7:30 PM
8:00 PM	Cook's Country	America's Test Kitchen from Cook's	Cook's Country	America's Test Kitchen from Cook's	Cook's Country			8:00 PM
8:30 PM	Simply Ming	Illustrated	Steven Raichlen's Project Smoke		Simply Ming			8:30 PM
9:00 PM	Mike Colameco's Real Food	The Great British Baking Show	Lucky Chow	The Great British Baking Show	Mike Colameco's Real Food			9:00 PM
9:30 PM	Equitrekking	Curious Traveler	Destination Craft with Jim West	Curious Traveler	Equitrekking			9:30 PM
10:00 PM	Lindia's Kitchen	Martha Bakes	Lidia's Kitchen	Martha Stewart's Cooking School	Lidia's Kitchen			10:00 PM
10:30 PM	Cook's Country	America's Test Kitchen from Cook's	Cook's Country	America's Test Kitchen	Cook's Country			10:30 PM
	Pati's Mexican Table	Illustrated Kevin Belton's New Orleans Kitchen	Pati's Mexican Table	from Cook's illustrated		11:00 PM		
11:00 PM								
11:00 PM 11:30PM	My Greek Table with Diane Kochilas	My Greek Table with Diane Kochilas	My Greek Table with Diane Kochilas	Moveable Feast with Fine Cooking	Moveable Feast with Fine Cooking			11:30PM

				Jun 24-30				
TIME	Monday, June 24, 2019	Tuesday, June 25, 2019	Wednesday, June 26, 2019	Thursday, June 27, 2019	Friday, June 28, 2019	Saturday, June 29, 2019	Sunday, June 30, 2019	TIME
12:00 AM	Ask This Old House	This Old House	Craftsman's Legacy	Ask This Old House	Craftsman's Legacy	This Old House	This Old House	12:00 AM
12:30 AM	Rick Steves' Europe	10 Streets That Changed America	Joseph Rosendo's Travelscope	Rick Steves' Europe	Joseph Rosendo's Travelscope	10 Towns That Changed America	10 Streets That Changed America	12:30 AM
1:00 AM	Samantha Brown's Places to Love	10 Streets That Changed America	Music Voyager	Samantha Brown's Places to Love	Music Voyager	To Towns That Changed America	To Streets That Changed America	1:00 AM
1:30 AM	Martha Stewart's Cooking School	Lidia's Kitchen	Martha Stewart's Cooking School	Lidia's Kitchen	Martha Bakes	Lidia's Kitchen	Lidia's Kitchen	1:30 AM
2:00 AM	Quilting Arts	Best of Sewing with Nancy	Knit and Crochet Now	It's Sew Easy	Fons & Porter's Love of Quilting	America's Test Kitchen from Cook's Illustrated	Knit and Crochet Now	2:00 AM
2:30 AM	Paint This with Jerry Yarnell	Best of the Joy of Painting	Painting with Wilson Bickford	Best of the Joy of Painting	Paint This with Jerry Yarnell	America's Test Kitchen from Cook's Illustrated	Grand View	2:30 AM
3:00 AM	Mike Colameco's Real Food	P. Allen Smith's Garden to Table	Lucky Chow	P. Allen Smith's Garden to Table	Mike Colameco's Real Food	America's Test Kitchen from Cook's Illustrated	Lucky Chow	3:00 AM
3:30 AM	New Orleans Cooking with Kevin Belton	Mexico One Plate at a Time with Rick Bayless	Ciao Italia	Mexico One Plate at a Time with Rick Bayless	New Orleans Cooking with Kevin Belton	America's Test Kitchen from Cook's Illustrated	Ciao Italia	3:30 AM
4:00 AM	The Jazzy Vegetarian	Dining with the Chef	Essential Pepin	Yan Can Cook: Spice Kingdom	The Jazzy Vegetarian	America's Test Kitchen from Cook's Illustrated	Essential Pepin	4:00 AM
4:30 AM	lowa Ingredient	Primal Grill with Steven Raichlen	Joanne Weir's Plates and Places	Primal Grill with Steven Raichlen	Healthful Indian Flavors with Alamelu	America's Test Kitchen from Cook's Illustrated	Joanne Weir's Plates and Places	4:30 AM
5:00 AM	Mississippi Roads	Pedal America	Born to Explore with Richard Wiese	Pedal America	Bare Feet with Mickela Mallozzi	America's Test Kitchen from Cook's Illustrated	Trails to Oishii Tokyo	5:00 AM
5:30 AM	Joseph Rosendo's Travelscope	Travels with Darley	Dream of Italy	Travels with Darley	Joseph Rosendo's Travelscope	America's Test Kitchen from Cook's Illustrated	Journeys In Japan	5:30 AM
6:00 AM	This Old House	Craftsman's Legacy	Ask This Old House	Craftsman's Legacy	This Old House	America's Test Kitchen from Cook's	Ask This Old House	6:00 AM
6:30 AM	American Woodshop	Woodmith Shop	The Woodwright's Shop	Woodsmith Shop	American Woodshop	America's Test Kitchen from Cook's	The Woodwright's Shop	6:30 AM
7:00 AM	P. Allen Smith's Garden Home	Critter Control; Natural Ways to Repel Backvard Wildlife Pests	Garden Smart	Critter Control; Natural Ways to Repel Backvard Wildlife Pests	P. Allen Smith's Garden Home	America's Test Kitchen from Cook's	Garden Smart	7:00 AM
7:30 AM	Beads, Baubles and Jewels	Baby Makes 3	Make48	Baby Makes 3	Make Your Mark	America's Test Kitchen from Cook's	Make48	7:30 AM
8:00 AM	Quilting Arts	Best of Sewing with Nancy	Knit and Crochet Now	It's Sew Easy	Fons & Porter's Love of Quilting	P. Allen Smith's Garden Home	America's Test Kitchen from Cook's Illustrated	8:00 AM
8:30 AM	Paint This with Jerry Yarnell	Best of the Joy of Painting	Painting with Wilson Bickford	Best of the Joy of Painting	Paint This with Jerry Yarnell	Critter Control; Natural Ways to Repel Backyard Wildlife Pests	America's Test Kitchen from Cook's	8:30 AM
9:00 AM	Mike Colameco's Real Food	P. Allen Smith's Garden to Table	Lucky Chow	P. Allen Smith's Garden to Table	Mike Colameco's Real Food	Sara's Weeknight Meals	America's Test Kitchen from Cook's	9:00 AM
9:30 AM	New Orleans Cooking with Kevin Belton	Mexico One Plate at a Time with Rick Bayless	Ciao Italia	Mexico One Plate at a Time with Rick Bayless	New Orleans Cooking with Kevin Belton	Lidia's Kitchen	America's Test Kitchen from Cook's	9:30 AM
10:00 AM	The Jazzy Vegetarian	Dining with the Chef	Essential Pepin	Yan Can Cook: Spice Kingdom	The Jazzy Vegetarian	Cook's Country	America's Test Kitchen from Cook's	10:00 AM
10:30 AM	lowa Ingredient	Primal Grill with Steven Raichlen	Joanne Weir's Plates and Places	Primal Grill with Steven Raichlen	Healthful Indian Flavors with Alamelu	Pati's Mexican Table	America's Test Kitchen from Cook's	10:30 AM
11:00 AM	Mississippi Roads	Pedal America	Born to Explore with Richard Wiese	Pedal America	Bare Feet with Mickela Mallozzi	Moveable Feast with Fine Cooking	Illustrated America's Test Kitchen from Cook's	11:00 AM
11:30 AM	Joseph Rosendo's Travelscope	Travels with Darley	Dream of Italy	Travels with Darley	Joseph Rosendo's Travelscope	This Old House	Illustrated America's Test Kitchen from Cook's Illustrated	11:30 AM
12:00 PM	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe		iliustrateu	12:00 PM
12:30 PM	American Woodshop	Woodmith Shop	The Woodwright's Shop	Woodsmith Shop	American Woodshop			12:30 PM
1:00 PM	P. Allen Smith's Garden Home	Critter Control; Natural Ways to Repel Backvard Wildlife Pests	Garden Smart	Critter Control; Natural Ways to Repel Backvard Wildlife Pests	P. Allen Smith's Garden Home			1:00 PM
1:30 PM	Beads, Baubles and Jewels	Baby Makes 3	Make48	Baby Makes 3	Make Your Mark			1:30 PM
2:00 PM	This Old House	Craftsman's Legacy	Ask This Old House	Craftsman's Legacy	This Old House			2:00 PM
2:30 PM	Moveable Feast with Fine Cooking	Moveable Feast with Fine Cooking	Moveable Feast with Fine Cooking	Moveable Feast with Fine Cooking	Moveable Feast with Fine Cooking			2:30 PM
3:00 PM	Simply Ming		Steven Raichlen's Project Smoke		Simply Ming			3:00 PM
3:30 PM	Sara's Weeknight Meals	The Great British Baking Show	Christopher Kimball's Milk Street Television	The Great British Baking Show	Sara's Weeknight Meals			3:30 PM
4:00 PM	Lidia's Kitchen	Martha Stewart's Cooking School	Lidia's Kitchen	Martha Stewart's Cooking School	Lidia's Kitchen			4:00 PM
4:30 PM	Cook's Country	America's Test Kitchen from Cook's	Cook's Country	America's Test Kitchen from Cook's	Cook's Country			4:30 PM
5:00 PM	Patti's Mexican Table	Kevin Belton's New Orleans Kitchen	Pati's Mexican Table	Kevin Belton's New Orleans Kitchen	Pati's Mexican Table			5:00 PM
5:30 PM	Moveable Feast with Fine Cooking	Moveable Feast with Fine Cooking	Moveable Feast with Fine Cooking	Moveable Feast with Fine Cooking	Moveable Feast with Fine Cooking	41 1 D 1 1 14 1 D 1 1 E	AL L. BUE M. F. BUL. S	5:30 PM
6:00 PM	This Old House	Craftsman's Legacy	Ask This Old House	Craftsman's Legacy	This Old House	Alaska Public Media Pledge Programs	Alaska Public Media Pledge Programs	6:00 PM
6:30 PM	40.00 1.70 1.60	Joseph Rosendo's Travescope	Rick Steves' Europe	Joseph Rosendo's Travelscope	40 T TI 16'			6:30 PM
7:00 PM	10 Streets That Changed America	Music Voyager	Samantha Brown's Places to Love	Music Voyager	10 Towns That Changed America			7:00 PM
7:30 PM	Lidia's Kitchen	Martha Stewart's Cooking School	Lidia's Kitchen	Martha Stewart's Cooking School	Lidia's Kitchen			7:30 PM
8:00 PM	Cook's Country	America's Test Kitchen from Cook's Illustrated	Cook's Country	America's Test Kitchen from Cook's Illustrated	Cook's Country			8:00 PM
8:30 PM	Simply Ming		Steven Raichlen's Project Smoke		Simply Ming			8:30 PM
9:00 PM	Mike Colameco's Real Food	The Great British Baking Show	Lucky Chow	The Great British Baking Show	Mike Colameco's Real Food			9:00 PM
9:30 PM	Equitrekking	Curious Traveler	Destination Craft with Jim West	Curious Traveler	Equitrekking			9:30 PM
10:00 PM	Lidia's Kitchen	Martha Stewart's Cooking School	Lidia's Kitchen	Martha Stewart's Cooking School	Lidia's Kitchen			10:00 PM
10:30 PM	Cook's Country	America's Test Kitchen from Cook's Illustrated	Cook's Country	America's Test Kitchen from Cook's Illustrated	Cook's Country			10:30 PM
11:00 PM	Pati's Mexican Table	Kevin Belton's New Orleans Kitchen	Pati's Mexican Table	Kevin Belton's New Orleans Kitchen	Pati's Mexican Table			11:00 PM
11:30PM	Moveable Feast with Fine Cooking	Moveable Feast with Fine Cooking	Moveable Feast with Fine Cooking	Moveable Feast with Fine Cooking	Moveable Feast with Fine Cooking			11:30PM