

Mar 1-7								
TIME	Sunday, March 1, 2020	Monday, March 2, 2020	Tuesday, March 3, 2020	Wednesday, March 4, 2020	Thursday, March 5, 2020	Friday, March 6, 2020	Saturday, March 7, 2020	TIME
12:00 AM	Real Rail Adventures: Switzerland	Chesapeake Bay By Air	This Old House	American Woodshop	Garage with Steve Butler	American Woodshop	This Old House	12:00 AM
12:30 AM			Ask This Old House	Woodsmith Shop	The Woodwright's Shop	Woodsmith Shop	Ask This Old House	12:30 AM
1:00 AM	Ellie's Real Good Food	Ellie's Real Good Food	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	1:00 AM
1:30 AM	Food Over 50	Food Over 50	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	1:30 AM
2:00 AM	Classical Stretch: The Esmonde Technique	Craft In America	For Your Home	Make It Artsy	For Your Home	Make48	Classical Stretch: By Essentrics	2:00 AM
2:30 AM	Happy Yoga with Sarah Starr		J Schwanke's Life In Bloom	Growing Bolder	Baby Makes 3	Urban Conversion	Yoga In Practice	2:30 AM
3:00 AM	It's Sew Easy	Sewing with Nancy	Quilting Arts	Knit and Crochet Now	Quilting Arts	Sewing with Nancy	Fresh Quilting	3:00 AM
3:30 AM	Grand View	Paint This with Jerry Yarnell	Best of Simply Painting: Across Europe	Painting with Wilson Bickford	Painting with Paulson	Paint This with Jerry Yarnell	Wyland's Art Studio	3:30 AM
4:00 AM	Classical Stretch: By Essentrics	This Old House	American Woodshop	Garage with Steve Butler	American Woodshop	This Old House	Ask This Old House	4:00 AM
4:30 AM	Classical Stretch: The Esmonde Technique	Ask This Old House	Woodsmith Shop	The Woodwright's Shop	Woodsmith Shop	Ask This Old House	This Old House	4:30 AM
5:00 AM	Ellie's Real Good Food	Dining with the Chef	Ciao Italia	New Orleans Cooking with Kevin Belton	Ciao Italia	New Orleans Cooking with Kevin Belton	P. Allen Smith's Garden Home	5:00 AM
5:30 AM	Food Over 50	Savor Dakota	Lucky Chow	Yan Can Cook: Spice Kingdom	Lucky Chow	Yan Can Cook: Spice Kingdom	Critter Control: Natural Ways to Repel Backyard Wildlife Pests	5:30 AM
6:00 AM	Trails to Oishii Tokyo	Hometown Georgia	Bare Feet with Mickela Mallozzi	Burt Wolf: Travels and Traditions	In The Americas with David Yetman	Crossing South	Julia Child: American Masters	6:00 AM
6:30 AM	Journeys In Japan	Beyond Your Backyard	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love	Joseph Rosendo's Travelscope	Travels with Darley		6:30 AM
7:00 AM	P. Allen Smith's Garden Home	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	French Chef Classics	7:00 AM
7:30 AM	Garden Smart	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	French Chef Classics	7:30 AM
8:00 AM	This Old House Create Showcase: Charleston Project	Sara's Weeknight Meals	Ciao Italia	New Orleans Cooking with Kevin Belton	Ciao Italia	New Orleans Cooking with Kevin Belton	French Chef Classics	8:00 AM
8:30 AM	This Old House Create Showcase: Charleston Project	My Greek Table with Diane Kochilas	Lucky Chow	Yan Can Cook: Spice Kingdom	Lucky Chow	Yan Can Cook: Spice Kingdom	Baking with Julia	8:30 AM
9:00 AM	This Old House Create Showcase: Charleston Project	Sewing with Nancy	Quilting Arts	Knit and Crochet Now	Quilting Arts	Sewing with Nancy	In Julia's Kitchen with Master Chefs	9:00 AM
9:30 AM	This Old House Create Showcase: Charleston Project	Paint This with Jerry Yarnell	Best of Simply Painting: Across Europe	Painting with Wilson Bickford	Painting with Paulson	Paint This with Jerry Yarnell	Julia Child - Cooking with Master Chefs	9:30 AM
10:00 AM	This Old House Create Showcase: Charleston Project	This Old House	American Woodshop	Garage with Steve Butler	American Woodshop	This Old House	In Julia's Kitchen with Master Chefs	10:00 AM
10:30 AM	This Old House Create Showcase: Charleston Project	Ask This Old House	Woodsmith Shop	The Woodwright's Shop	Woodsmith Shop	Ask This Old House	Baking with Julia	10:30 AM
11:00 AM	This Old House Create Showcase: Charleston Project	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	This Old House	11:00 AM
11:30 AM	This Old House Create Showcase: Charleston Project	Sewing with Nancy	Quilting Arts	Knit and Crochet Now	Quilting Arts	Sewing with Nancy	Ask This Old House	11:30 AM
12:00 PM	John Sebastian Presents: Folk Rewind	Rick Steves Fascism In Europe	Change Your Brain, Heal Your Mind with Daniel Amen, Md	Julia Child: Best Bites	Dr. Fuhrman's Food As Medicine	John Sebastian Presents: Folk Rewind	Rise Up: Songs of the Women's Movement	12:00 PM
12:30 PM								12:30 PM
1:00 PM	Soul Legends	Suze Orman's Ultimate Retirement Guide	Rick Steves' Heart of Italy	Rise Up: Songs of the Women's Movement	Julia Child: Best Bites	Soul Legends	Julia Child: Best Bites	1:00 PM
1:30 PM								1:30 PM
2:00 PM	Lionel Richie at Gastonbury	Food Fix with Mark Hyman, Md	5 Steps to a Loving & Purposeful Life with Dr. Michael Brown	Rick Steves Fascism In Europe	Food Fix with Mark Hyman, Md	Dr. Fuhrman's Food As Medicine	Rick Steves Fascism In Europe	2:00 PM
2:30 PM								2:30 PM
3:00 PM	5 Steps to a Loving & Purposeful Life with Dr. Michael Brown	Brain Wash with David Perlmutter, Md	Suze Orman's Ultimate Retirement Guide	Food Fix with Mark Hyman, Md	3 Steps to Pain-Free Living	Julia Child: Best Bites	Pink Floyd: Live In Venice	3:00 PM
3:30 PM								3:30 PM
4:00 PM	Longevity Paradox with Steven Gundry, Md	Brain Fitness Program	Longevity Paradox with Steven Gundry, Md	Change Your Brain, Heal Your Mind with Daniel Amen, Md	Rick Steves Fascism In Europe	Julia Child: Best Bites	Rick Steves Fascism In Europe	4:00 PM
4:30 PM								4:30 PM
5:00 PM	Dr. Fuhrman's Food As Medicine	Aging Backwards 3 with Miranda Esmonde-White	3 Steps to Pain-Free Living	Brain Wash with David Perlmutter, Md	Relieving Stress with Yoga with Peggy Cappy	Change Your Brain, Heal Your Mind with Daniel Amen, Md	Duran Duran: A Diamond in the Mind	5:00 PM
5:30 PM								5:30 PM
6:00 PM	Aging Backwards 3 with Miranda Esmonde-White	Longevity Paradox with Steven Gundry, Md	3 Steps to Pain-Free Living	Brain Wash with David Perlmutter, Md	Relieving Stress with Yoga with Peggy Cappy	Rick Steves' Festive Europe	Duran Duran: A Diamond in the Mind	6:00 PM
6:30 PM								6:30 PM
7:00 PM	70s Soul Superstars (My Music)	Aging Backwards 3 with Miranda Esmonde-White	3 Steps to Pain-Free Living	Brain Wash with David Perlmutter, Md	Relieving Stress with Yoga with Peggy Cappy	Rick Steves' Festive Europe	Duran Duran: A Diamond in the Mind	7:00 PM
7:30 PM								7:30 PM
8:00 PM	70s Soul Superstars (My Music)	Aging Backwards 3 with Miranda Esmonde-White	3 Steps to Pain-Free Living	Brain Wash with David Perlmutter, Md	Relieving Stress with Yoga with Peggy Cappy	Rick Steves' Festive Europe	Duran Duran: A Diamond in the Mind	8:00 PM
8:30 PM								8:30 PM
9:00 PM	70s Soul Superstars (My Music)	Aging Backwards 3 with Miranda Esmonde-White	3 Steps to Pain-Free Living	Brain Wash with David Perlmutter, Md	Relieving Stress with Yoga with Peggy Cappy	Rick Steves' Festive Europe	Duran Duran: A Diamond in the Mind	9:00 PM
9:30 PM								9:30 PM
10:00 PM	70s Soul Superstars (My Music)	Aging Backwards 3 with Miranda Esmonde-White	3 Steps to Pain-Free Living	Brain Wash with David Perlmutter, Md	Relieving Stress with Yoga with Peggy Cappy	Rick Steves' Festive Europe	Duran Duran: A Diamond in the Mind	10:00 PM
10:30 PM								10:30 PM
11:00 PM	70s Soul Superstars (My Music)	Aging Backwards 3 with Miranda Esmonde-White	3 Steps to Pain-Free Living	Brain Wash with David Perlmutter, Md	Relieving Stress with Yoga with Peggy Cappy	Rick Steves' Festive Europe	Duran Duran: A Diamond in the Mind	11:00 PM
11:30 PM								11:30 PM

Mar 8-14								
TIME	Sunday, March 8, 2020	Monday, March 9, 2020	Tuesday, March 10, 2020	Wednesday, March 11, 2020	Thursday, March 12, 2020	Friday, March 13, 2020	Saturday, March 14, 2020	TIME
12:00 AM	Real Rail Adventures: Swiss Winter Magic	Rick Steves' European Travel Tips and Tricks	This Old House	American Woodshop	Garage with Steve Butler	American Woodshop	This Old House	12:00 AM
12:30 AM			Ask This Old House	Woodsmith Shop	The Woodwright's Shop	Woodsmith Shop	Ask This Old House	12:30 AM
1:00 AM	Ellie's Real Good Food	Ellie's Real Good Food	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	1:00 AM
1:30 AM	Food Over 50	Food Over 50	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	1:30 AM
2:00 AM	Classical Stretch: The Esmonde Technique	Craft In America	For Your Home	Make It Artsy	For Your Home	Make48	Classical Stretch: By Essentrics	2:00 AM
2:30 AM	Happy Yoga with Sarah Starr		J Schwanke's Life In Bloom	Growing Bolder	Baby Makes 3	Urban Conversion	Yoga In Practice	2:30 AM
3:00 AM	It's Sew Easy	Sewing with Nancy	Quilting Arts	Knit and Crochet Now	Quilting Arts	Sewing with Nancy	Fresh Quilting	3:00 AM
3:30 AM	Grand View	Paint This with Jerry Yarnell	Best of Simply Painting: Across Europe	Painting with Wilson Bickford	Painting with Paulson	Paint This with Jerry Yarnell	Wyland's Art Studio	3:30 AM
4:00 AM	Classical Stretch: By Essentrics	This Old House	American Woodshop	Garage with Steve Butler	American Woodshop	This Old House	Ask This Old House	4:00 AM
4:30 AM	Classical Stretch: The Esmonde Technique	Ask This Old House	Woodsmith Shop	The Woodwright's Shop	Woodsmith Shop	Ask This Old House	This Old House	4:30 AM
5:00 AM	Ellie's Real Good Food	Dining with the Chef	Ciao Italia	New Orleans Cooking with Kevin Belton	Ciao Italia	New Orleans Cooking with Kevin Belton	P. Allen Smith's Garden Home	5:00 AM
5:30 AM	Food Over 50	Savor Dakota	Lucky Chow	Yan Can Cook: Spice Kingdom	Lucky Chow	Yan Can Cook: Spice Kingdom	Critter Control; Natural Ways to Repel Backyard Wildlife Pests	5:30 AM
6:00 AM	Trails to Oishii Tokyo	Hometown Georgia	Bare Feet with Mickela Mallozzi	Burt Wolf: Travels and Traditions	In The Americas with David Yetman	Crossing South	Joseph Rosendo's Travelscope	6:00 AM
6:30 AM	Journeys In Japan	Beyond Your Backyard	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love	Joseph Rosendo's Travelscope	Travels with Darley	How to Cook Well with Rory O'connell	6:30 AM
7:00 AM	P. Allen Smith's Garden Home	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Family Travel with Colleen Kelly	7:00 AM
7:30 AM	Garden Smart	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	How to Cook Well with Rory O'connell	7:30 AM
8:00 AM	Julia Child: American Masters	Sara's Weeknight Meals	Ciao Italia	New Orleans Cooking with Kevin Belton	Ciao Italia	New Orleans Cooking with Kevin Belton	Destination Craft with Jim West	8:00 AM
8:30 AM		My Greek Table with Diane Kochilas	Lucky Chow	Yan Can Cook: Spice Kingdom	Lucky Chow	Yan Can Cook: Spice Kingdom	How to Cook Well with Rory O'connell	8:30 AM
9:00 AM	French Chef Classics	Sewing with Nancy	Quilting Arts	Knit and Crochet Now	Quilting Arts	Sewing with Nancy	Curious Traveler	9:00 AM
9:30 AM	French Chef Classics	Paint This with Jerry Yarnell	Best of Simply Painting: Across Europe	Painting with Wilson Bickford	Painting with Paulson	Paint This with Jerry Yarnell	How to Cook Well with Rory O'connell	9:30 AM
10:00 AM	French Chef Classics	This Old House	American Woodshop	Garage with Steve Butler	American Woodshop	This Old House	Bare Feet with Mickela Mallozzi	10:00 AM
10:30 AM	Baking with Julia	Ask This Old House	Woodsmith Shop	The Woodwright's Shop	Woodsmith Shop	Ask This Old House	Samantha Brown's Places to Love	10:30 AM
11:00 AM	In Julia's Kitchen with Master Chefs	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	This Old House	11:00 AM
11:30 AM	Julia Child - Cooking with Master Chefs	Sewing with Nancy	Quilting Arts	Knit and Crochet Now	Quilting Arts	Sewing with Nancy	Ask This Old House	11:30 AM
12:00 PM	Relieving Stress with Yoga with Peggy Cappy	Suze Orman's Ultimate Retirement Guide	Food Fix with Mark Hyman, Md	Ken Burns: The National Parks	Dr. Fuhrman's Food As Medicine	Relieving Stress with Yoga with Peggy Cappy	Magic Moments - The Best of 50's Pop	12:00 PM
12:30 PM						Change Your Brain, Heal Your Mind with Daniel Amen, Md		12:30 PM
1:00 PM	Brain Fitness Program	Celtic Woman, The Best Of	Brain Fitness Program	Ken Burns: Country Music	Food: What The Heck Should I Eat? with Mark Hyman, Md	Rick Steves Fascism In Europe	Doo Wop to Pop Rock: My Music Celebrates 20 Years	1:00 PM
1:30 PM								2:00 PM
2:00 PM	Sesame Street: 50 Years & Still Sunny!	Dr. Fuhrman's Food As Medicine	Relieving Stress with Yoga with Peggy Cappy	Brain Wash with David Perlmutter, Md	5 Steps to a Loving & Purposeful Life with Dr. Michael Brown	Rick Steves Fascism In Europe	Doo Wop to Pop Rock: My Music Celebrates 20 Years	2:30 PM
3:00 PM								3:30 PM
3:30 PM	Julia Child: Best Bites	Rise Up: Songs of the Women's Movement	70s Soul Superstars	Food Fix with Mark Hyman, Md	Relieving Stress with Yoga with Peggy Cappy	Food Fix with Mark Hyman, Md	3 Steps to Pain-Free Living	4:00 PM
4:30 PM								5:00 PM
5:00 PM	Doo Wop to Pop Rock: My Music Celebrates 20 Years	Julia Child: Best Bites	Magic Moments - The Best of 50's Pop	3 Steps to Pain-Free Living	Nature: The Whale Detective	Sesame Street: 50 Years & Still Sunny!	Brain Fitness Program	5:30 PM
6:00 PM								6:30 PM
6:30 PM	70s Soul Superstars	Rick Steves Fascism In Europe	Doo Wop to Pop Rock: My Music Celebrates 20 Years	Longevity Paradox with Steven Gundry, Md	Relieving Stress with Yoga with Peggy Cappy	Suze Orman's Ultimate Retirement Guide	Nature: The Whale Detective	7:00 PM
7:30 PM								8:00 PM
8:00 PM	Wings Over Grand Canyon	Change Your Brain, Heal Your Mind with Daniel Amen, Md	Doo Wop to Pop Rock: My Music Celebrates 20 Years	Longevity Paradox with Steven Gundry, Md	Brain Secrets with Dr. Michael Merzenich	5 Steps to a Loving & Purposeful Life with Dr. Michael Brown	Expedition with Steve Backshall	8:30 PM
8:30 PM								9:00 PM
9:00 PM	70s Soul Superstars	Change Your Brain, Heal Your Mind with Daniel Amen, Md	Doo Wop to Pop Rock: My Music Celebrates 20 Years	Longevity Paradox with Steven Gundry, Md	Brain Secrets with Dr. Michael Merzenich	5 Steps to a Loving & Purposeful Life with Dr. Michael Brown	Expedition with Steve Backshall	9:30 PM
10:00 PM								10:30 PM
10:30 PM	Wings Over Grand Canyon	Change Your Brain, Heal Your Mind with Daniel Amen, Md	Doo Wop to Pop Rock: My Music Celebrates 20 Years	Longevity Paradox with Steven Gundry, Md	Brain Secrets with Dr. Michael Merzenich	5 Steps to a Loving & Purposeful Life with Dr. Michael Brown	Rick Steves' Tasty Europe	11:00 PM
11:00 PM								11:30 PM
11:30 PM	Wings Over Grand Canyon	Change Your Brain, Heal Your Mind with Daniel Amen, Md	Doo Wop to Pop Rock: My Music Celebrates 20 Years	Longevity Paradox with Steven Gundry, Md	Brain Secrets with Dr. Michael Merzenich	5 Steps to a Loving & Purposeful Life with Dr. Michael Brown	Rick Steves' Tasty Europe	11:30 PM

Mar 15-21									
TIME	Sunday, March 15, 2020	Monday, March 16, 2020	Tuesday, March 17, 2020	Wednesday, March 18, 2020	Thursday, March 19, 2020	Friday, March 20, 2020	Saturday, March 21, 2020	TIME	
12:00 AM	Rudy Maxa's World: The Taste of Japan	Rick Steves Andalucia: Southern Spain	This Old House	American Woodshop	Garage with Steve Butler	American Woodshop	This Old House	12:00 AM	
12:30 AM			Ask This Old House	Woodsmith Shop	Classic Woodworking	Woodsmith Shop	Ask This Old House	12:30 AM	
1:00 AM	Ellie's Real Good Food	Ellie's Real Good Food	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	1:00 AM	
1:30 AM	Food Over 50	Food Over 50	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	1:30 AM	
2:00 AM	Classical Stretch: The Esmonde Technique	Craft In America	For Your Home	Make It Artsy	For Your Home	Make48	Classical Stretch: By Essentrics	2:00 AM	
2:30 AM	Happy Yoga with Sarah Starr		J Schwanke's Life In Bloom	Start Up	Baby Makes 3	Urban Conversion	Yoga In Practice	2:30 AM	
3:00 AM	It's Sew Easy	Sewing with Nancy	Quilting Arts	Knit and Crochet Now	Quilting Arts	Sewing with Nancy	Fresh Quilting	3:00 AM	
3:30 AM	Art of a Cowboy	Paint This with Jerry Yarnell	Best of Simply Painting: Across Europe	Painting with Wilson Bickford	Painting with Paulson	Paint This with Jerry Yarnell	Wyland's Art Studio	3:30 AM	
4:00 AM	Classical Stretch: By Essentrics	This Old House	American Woodshop	Garage with Steve Butler	American Woodshop	This Old House	Ask This Old House	4:00 AM	
4:30 AM	Classical Stretch: The Esmonde Technique	Ask This Old House	Woodsmith Shop	Classic Woodworking	Woodsmith Shop	Ask This Old House	This Old House	4:30 AM	
5:00 AM	Ellie's Real Good Food	Dining with the Chef	Ciao Italia	New Orleans Cooking with Kevin Belton	Ciao Italia	New Orleans Cooking with Kevin Belton	P. Allen Smith's Garden Home	5:00 AM	
5:30 AM	Food Over 50	Savor Dakota	Lucky Chow	Yan Can Cook: Spice Kingdom	Lucky Chow	Yan Can Cook: Spice Kingdom	Critter Control: Natural Ways to Repel Backyard Wildlife Pests	5:30 AM	
6:00 AM	Trails to Oishii Tokyo	Hometown Georgia	Bare Feet with Mickela Mallozzi	Burt Wolf: Travels and Traditions	In The Americas with David Yetman	Crossing South	America's Test Kitchen from Cook's Illustrated	6:00 AM	
6:30 AM	Journeys In Japan	Beyond Your Backyard	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love	Joseph Rosendo's Travelscope	Travels with Darley	My Greek Table with Diane Kochilas	6:30 AM	
7:00 AM	P. Allen Smith's Garden Home	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	George Hirsch Lifestyle	7:00 AM	
7:30 AM	Garden Smart	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	New Orleans Cooking with Kevin Belton	7:30 AM	
8:00 AM	Joseph Rosendo's Travelscope	Sara's Weeknight Meals	Ciao Italia	New Orleans Cooking with Kevin Belton	Ciao Italia	New Orleans Cooking with Kevin Belton	The Jazzy Vegetarian	8:00 AM	
8:30 AM	How to Cook Well with Rory O'connell	My Greek Table with Diane Kochilas	Lucky Chow	Yan Can Cook: Spice Kingdom	Lucky Chow	Yan Can Cook: Spice Kingdom	America's Test Kitchen from Cook's Illustrated	8:30 AM	
9:00 AM	Family Travel with Colleen Kelly	Sewing with Nancy	Quilting Arts	Knit and Crochet Now	Quilting Arts	Sewing with Nancy	Food Over 50	9:00 AM	
9:30 AM	How to Cook Well with Rory O'connell	Paint This with Jerry Yarnell	Best of Simply Painting: Across Europe	Painting with Wilson Bickford	Painting with Paulson	Paint This with Jerry Yarnell	Pati's Mexican Table	9:30 AM	
10:00 AM	Destination Craft with Jim West	This Old House	American Woodshop	Garage with Steve Butler	American Woodshop	This Old House	Ellie's Real Good Food	10:00 AM	
10:30 AM	How to Cook Well with Rory O'connell	Ask This Old House	Woodsmith Shop	Classic Woodworking	Woodsmith Shop	Ask This Old House	Lidia's Kitchen	10:30 AM	
11:00 AM	Curious Traveler	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	This Old House	11:00 AM	
11:30 AM	How to Cook Well with Rory O'connell	Sewing with Nancy	Quilting Arts	Knit and Crochet Now	Quilting Arts	Sewing with Nancy	Ask This Old House	11:30 AM	
12:00 PM	Change Your Brain, Heal Your Mind with Daniel Amen, Md	Sara's Weeknight Meals	Ciao Italia	New Orleans Cooking with Kevin Belton	Ciao Italia	New Orleans Cooking with Kevin Belton	Kevin Belton's New Orleans Celebrations	12:00 PM	
12:30 PM		Savor Dakota	Lucky Chow	Yan Can Cook: Spice Kingdom	Lucky Chow	Yan Can Cook: Spice Kingdom	Lidia's Kitchen	12:30 PM	
1:00 PM		Hometown Georgia	Bare Feet with Mickela Mallozzi	Burt Wolf: Travels and Traditions	In The Americas with David Yetman	Crossing South	Rudy Maxa's World: Escape to French Polynesia	1:00 PM	
1:30 PM		Beyond Your Backyard	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love	Joseph Rosendo's Travelscope	Travels with Darley		1:30 PM	
2:00 PM	Food Fix with Mark Hyman, Md	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	2:00 PM	
2:30 PM		Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	2:30 PM	
3:00 PM		Simply Ming	Mexico -- One Plate at a Time with Rick Bayless	Jamie's Quick & Easy Food	Steven Raichlen's Project Fire	Simply Ming	Steven Raichlen's Project Fire	3:00 PM	
3:30 PM		Cook's Country	Kevin Belton's New Orleans Celebrations	Cook's Country	Pati's Mexican Table	Cook's Country	Pati's Mexican Table	3:30 PM	
4:00 PM	Longevity Paradox with Steven Gundry, Md	America's Test Kitchen from Cook's Illustrated	In Julia's Kitchen with Master Chefs	Lidia's Kitchen	Martha Bakes	America's Test Kitchen from Cook's Illustrated	Confucius Was A Foodie	4:00 PM	
4:30 PM		Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television		4:30 PM	
5:00 PM	5 Steps to a Loving & Purposeful Life with Dr. Michael Brown	Family Travel with Colleen Kelly	Destination Craft with Jim West	Curious Traveler	Bare Feet with Mickela Mallozzi	America's Test Kitchen from Cook's Illustrated	Best of the Joy of Painting	5:00 PM	
5:30 PM		How to Cook Well with Rory O'connell	How to Cook Well with Rory O'connell	How to Cook Well with Rory O'connell	Samantha Brown's Places to Love	My Greek Table with Diane Kochilas	Best of the Joy of Painting	5:30 PM	
6:00 PM		Weekends with Yankee	Bare Feet with Mickela Mallozzi	Burt Wolf: Travels and Traditions	In The Americas with David Yetman	George Hirsch Lifestyle	Rudy Maxa's World: Escape to French Polynesia	6:00 PM	
6:30 PM		Beyond Your Backyard	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love	Joseph Rosendo's Travelscope	New Orleans Cooking with Kevin Belton		6:30 PM	
7:00 PM	Dr. Fuhrman's Food As Medicine	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	The Jazzy Vegetarian	Sara's Weeknight Meals	7:00 PM	
7:30 PM		Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	America's Test Kitchen from Cook's Illustrated	Ciao Italia	7:30 PM	
8:00 PM		Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Food Over 50	Ciao Italia	8:00 PM
8:30 PM		America's Test Kitchen from Cook's Illustrated	In Julia's Kitchen with Master Chefs	Lidia's Kitchen	Martha Bakes	Pati's Mexican Table	New Orleans Cooking with Kevin Belton	8:30 PM	
9:00 PM		Simply Ming	Mexico -- One Plate at a Time with Rick Bayless	Jamie's Quick & Easy Food	Steven Raichlen's Project Fire	Ellie's Real Good Food	New Orleans Cooking with Kevin Belton	9:00 PM	
9:30 PM		Relieving Stress with Yoga with Peggy Cappy	Cook's Country	Kevin Belton's New Orleans Celebrations	Cook's Country	Pati's Mexican Table	Lidia's Kitchen	Ellie's Real Good Food	9:30 PM
10:00 PM	Rick Steves Fascism In Europe	Family Travel with Colleen Kelly	Destination Craft with Jim West	Curious Traveler	Bare Feet with Mickela Mallozzi	America's Test Kitchen from Cook's Illustrated	Best of the Joy of Painting	10:00 PM	
10:30 PM		How to Cook Well with Rory O'connell	How to Cook Well with Rory O'connell	How to Cook Well with Rory O'connell	Samantha Brown's Places to Love	Christopher Kimball's Milk Street Television	Best of the Joy of Painting	10:30 PM	
11:00 PM		Sara's Weeknight Meals	Ciao Italia	New Orleans Cooking with Kevin Belton	Ciao Italia	New Orleans Cooking with Kevin Belton	Confucius Was A Foodie	11:00 PM	
11:30 PM	My Greek Table with Diane Kochilas	Lucky Chow	Yan Can Cook: Spice Kingdom	Lucky Chow	Yan Can Cook: Spice Kingdom	11:30 PM			

Mar 22-28								
TIME	Sunday, March 22, 2020	Monday, March 23, 2020	Tuesday, March 24, 2020	Wednesday, March 25, 2020	Thursday, March 26, 2020	Friday, March 27, 2020	Saturday, March 28, 2020	TIME
12:00 AM	Rudy Maxa's World: Escape to French Polynesia	Rick Steves European Festivals	This Old House	American Woodshop	Garage with Steve Butler	American Woodshop	This Old House	12:00 AM
12:30 AM			Ask This Old House	Woodsmith Shop	Classic Woodworking	Woodsmith Shop	Ask This Old House	12:30 AM
1:00 AM	Ellie's Real Good Food	Ellie's Real Good Food	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	1:00 AM
1:30 AM	Food Over 50	Food Over 50	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	1:30 AM
2:00 AM	Classical Stretch: The Esmonde Technique	Craft In America	For Your Home	Make It Artsy	For Your Home	Make48	Classical Stretch: By Essentrics	2:00 AM
2:30 AM	Happy Yoga with Sarah Starr		J Schwanke's Life In Bloom	Start Up	Baby Makes 3	Urban Conversion	Yoga In Practice	2:30 AM
3:00 AM	It's Sew Easy	Sewing with Nancy	Quilting Arts	Knit and Crochet Now	Quilting Arts	Sewing with Nancy	Fresh Quilting	3:00 AM
3:30 AM	Art of a Cowboy	Paint This with Jerry Yarnell	Best of Simply Painting: Across Europe	Painting with Wilson Bickford	Painting with Paulson	Paint This with Jerry Yarnell	Wyland's Art Studio	3:30 AM
4:00 AM	Classical Stretch: By Essentrics	This Old House	American Woodshop	Garage with Steve Butler	American Woodshop	This Old House	Ask This Old House	4:00 AM
4:30 AM	Classical Stretch: The Esmonde Technique	Ask This Old House	Woodsmith Shop	Classic Woodworking	Woodsmith Shop	Ask This Old House	This Old House	4:30 AM
5:00 AM	Ellie's Real Good Food	Dining with the Chef	Ciao Italia	New Orleans Cooking with Kevin Belton	Ciao Italia	New Orleans Cooking with Kevin Belton	P. Allen Smith's Garden Home	5:00 AM
5:30 AM	Food Over 50	Savor Dakota	Lucky Chow	Yan Can Cook: Spice Kingdom	Lucky Chow	Yan Can Cook: Spice Kingdom	Critter Control: Natural Ways to Repel Backyard Wildlife Pests	5:30 AM
6:00 AM	Trails to Oishii Tokyo	Hometown Georgia	Bare Feet with Mickela Mallozzi	Burt Wolf: Travels and Traditions	In The Americas with David Yetman	Crossing South	I'll Have What Phil's Having	6:00 AM
6:30 AM	Journeys In Japan	Beyond Your Backyard	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love	Joseph Rosendo's Travelscope	Travels with Darley		6:30 AM
7:00 AM	P. Allen Smith's Garden Home	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	I'll Have What Phil's Having	7:00 AM
7:30 AM	Garden Smart	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting		7:30 AM
8:00 AM	America's Test Kitchen from Cook's Illustrated	Sara's Weeknight Meals	Ciao Italia	New Orleans Cooking with Kevin Belton	Ciao Italia	New Orleans Cooking with Kevin Belton	I'll Have What Phil's Having	8:00 AM
8:30 AM	My Greek Table with Diane Kochilas	My Greek Table with Diane Kochilas	Lucky Chow	Yan Can Cook: Spice Kingdom	Lucky Chow	Yan Can Cook: Spice Kingdom		8:30 AM
9:00 AM	George Hirsch Lifestyle	Sewing with Nancy	Quilting Arts	Knit and Crochet Now	Quilting Arts	Sewing with Nancy	I'll Have What Phil's Having	9:00 AM
9:30 AM	New Orleans Cooking with Kevin Belton	Paint This with Jerry Yarnell	Best of Simply Painting: Across Europe	Painting with Wilson Bickford	Painting with Paulson	Paint This with Jerry Yarnell		9:30 AM
10:00 AM	The Jazzy Vegetarian	This Old House	American Woodshop	Garage with Steve Butler	American Woodshop	This Old House	I'll Have What Phil's Having	10:00 AM
10:30 AM	America's Test Kitchen from Cook's Illustrated	Ask This Old House	Woodsmith Shop	Classic Woodworking	Woodsmith Shop	Ask This Old House		10:30 AM
11:00 AM	Food Over 50	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	This Old House	11:00 AM
11:30 AM	Pat's Mexican Table	Sewing with Nancy	Quilting Arts	Knit and Crochet Now	Quilting Arts	Sewing with Nancy	Ask This Old House	11:30 AM
12:00 PM	Ellie's Real Good Food	Sara's Weeknight Meals	Ciao Italia	New Orleans Cooking with Kevin Belton	Ciao Italia	New Orleans Cooking with Kevin Belton	Cook's Country	12:00 PM
12:30 PM	Lidia's Kitchen	Savor Dakota	Lucky Chow	Yan Can Cook: Spice Kingdom	Lucky Chow	Yan Can Cook: Spice Kingdom	Lidia's Kitchen	12:30 PM
1:00 PM	Christopher Kimball's Milk Street Television	Hometown Georgia	Bare Feet with Mickela Mallozzi	Burt Wolf: Travels and Traditions	In The Americas with David Yetman	Crossing South	Real Rail Adventures: Swiss Grand Tour	1:00 PM
1:30 PM	Simply Ming	Beyond Your Backyard	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love	Joseph Rosendo's Travelscope	Travels with Darley		1:30 PM
2:00 PM	Kevin Belton's New Orleans Celebrations	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	2:00 PM
2:30 PM	Lidia's Kitchen	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	2:30 PM
3:00 PM	Mexico -- One Plate at a Time with Rick Bavless	Simply Ming	Mexico -- One Plate at a Time with Rick Bavless	Jamie's Quick & Easy Food	Steven Raichlen's Project Fire	Simply Ming	Steven Raichlen's Project Fire	3:00 PM
3:30 PM	Kevin Belton's New Orleans Celebrations	Cook's Country	Kevin Belton's New Orleans Celebrations	Cook's Country	Pat's Mexican Table	Cook's Country	Pat's Mexican Table	3:30 PM
4:00 PM	Confucius Was A Foodie	America's Test Kitchen from Cook's Illustrated	In Julia's Kitchen with Master Chefs	Lidia's Kitchen	Martha Bakes	America's Test Kitchen from Cook's Illustrated	Confucius Was A Foodie	4:00 PM
4:30 PM		Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television		4:30 PM
5:00 PM	America's Test Kitchen from Cook's Illustrated	George Hirsch Lifestyle	The Jazzy Vegetarian	Food Over 50	Ellie's Real Good Food	I'll Have What Phil's Having	Best of the Joy of Painting	5:00 PM
5:30 PM	My Greek Table with Diane Kochilas	New Orleans Cooking with Kevin Belton	America's Test Kitchen from Cook's Illustrated	Pat's Mexican Table	Lidia's Kitchen		Best of the Joy of Painting	5:30 PM
6:00 PM	Rick Steves European Festivals	Family Travel with Colleen Kelly	Bare Feet with Mickela Mallozzi	Burt Wolf: Travels and Traditions	In The Americas with David Yetman	I'll Have What Phil's Having	Real Rail Adventures: Swiss Grand Tour	6:00 PM
6:30 PM		Beyond Your Backyard	Joseph Rosendo's Travelscope	Samantha Brown's Places to Love	Joseph Rosendo's Travelscope		6:30 PM	
7:00 PM	My Greek Table with Diane Kochilas	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	Rick Steves' Europe	I'll Have What Phil's Having	Sara's Weeknight Meals	7:00 PM
7:30 PM	Lucky Chow	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting	Best of the Joy of Painting		Ciao Italia	7:30 PM
8:00 PM	Lucky Chow	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television	I'll Have What Phil's Having	Ciao Italia	8:00 PM
8:30 PM	Yan Can Cook: Spice Kingdom	America's Test Kitchen from Cook's Illustrated	In Julia's Kitchen with Master Chefs	Lidia's Kitchen	Martha Bakes		New Orleans Cooking with Kevin Belton	8:30 PM
9:00 PM	Yan Can Cook: Spice Kingdom	Simply Ming	Mexico -- One Plate at a Time with Rick Bavless	Jamie's Quick & Easy Food	Steven Raichlen's Project Fire	I'll Have What Phil's Having	New Orleans Cooking with Kevin Belton	9:00 PM
9:30 PM	Food Over 50	Cook's Country	Kevin Belton's New Orleans Celebrations	Cook's Country	Pat's Mexican Table		Ellie's Real Good Food	9:30 PM
10:00 PM	America's Test Kitchen from Cook's Illustrated	George Hirsch Lifestyle	The Jazzy Vegetarian	Food Over 50	Ellie's Real Good Food	America's Test Kitchen from Cook's Illustrated	Best of the Joy of Painting	10:00 PM
10:30 PM	My Greek Table with Diane Kochilas	New Orleans Cooking with Kevin Belton	America's Test Kitchen from Cook's Illustrated	Pat's Mexican Table	Lidia's Kitchen	Christopher Kimball's Milk Street Television	Best of the Joy of Painting	10:30 PM
11:00 PM	Confucius Was A Foodie	Sara's Weeknight Meals	Ciao Italia	New Orleans Cooking with Kevin Belton	Ciao Italia	New Orleans Cooking with Kevin Belton	Confucius Was A Foodie	11:00 PM
11:30 PM		My Greek Table with Diane Kochilas	Lucky Chow	Yan Can Cook: Spice Kingdom	Lucky Chow	Yan Can Cook: Spice Kingdom		11:30 PM

Mar 29-31								
TIME	Sunday, March 29, 2020	Monday, March 30, 2020	Tuesday, March 31, 2020	Wednesday, April 1, 2020	Thursday, April 2, 2020	Friday, April 3, 2020	Saturday, April 4, 2020	TIME
12:00 AM	Real Rail Adventures: Swiss Grand Tour	Rick Steves Cruising The Mediterranean	This Old House					12:00 AM
12:30 AM			Ask This Old House					12:30 AM
1:00 AM	Ellie's Real Good Food	Ellie's Real Good Food	Rick Steves' Europe					1:00 AM
1:30 AM	Food Over 50	Food Over 50	Best of the Joy of Painting					1:30 AM
2:00 AM	Classical Stretch: The Esmonde Technique	Craft In America	For Your Home					2:00 AM
2:30 AM	Happy Yoga with Sarah Starr		J Schwanke's Life In Bloom					2:30 AM
3:00 AM	It's Sew Easy	Sewing with Nancy	Quilting Arts					3:00 AM
3:30 AM	Art of a Cowboy	Paint This with Jerry Yarnell	Best of Simply Painting: Across Europe					3:30 AM
4:00 AM	Classical Stretch: By Essentrics	This Old House	American Woodshop					4:00 AM
4:30 AM	Classical Stretch: The Esmonde Technique	Ask This Old House	Woodsmith Shop					4:30 AM
5:00 AM	Ellie's Real Good Food	Dining with the Chef	Ciao Italia					5:00 AM
5:30 AM	Food Over 50	Savor Dakota	Lucky Chow					5:30 AM
6:00 AM	Trails to Oishii Tokyo	Hometown Georgia	Bare Feet with Mickela Mallozzi					6:00 AM
6:30 AM	Journeys In Japan	Beyond Your Backyard	Joseph Rosendo's Travelscope					6:30 AM
7:00 AM	P. Allen Smith's Garden Home	Rick Steves' Europe	Rick Steves' Europe					7:00 AM
7:30 AM	Garden Smart	Best of the Joy of Painting	Best of the Joy of Painting					7:30 AM
8:00 AM	I'll Have What Phil's Having	Sara's Weeknight Meals	Ciao Italia					8:00 AM
8:30 AM		My Greek Table with Diane Kochilas	Lucky Chow					8:30 AM
9:00 AM	I'll Have What Phil's Having	Sewing with Nancy	Quilting Arts					9:00 AM
9:30 AM		Paint This with Jerry Yarnell	Best of Simply Painting: Across Europe					9:30 AM
10:00 AM	I'll Have What Phil's Having	This Old House	American Woodshop					10:00 AM
10:30 AM		Ask This Old House	Woodsmith Shop					10:30 AM
11:00 AM	I'll Have What Phil's Having	Best of the Joy of Painting	Best of the Joy of Painting					11:00 AM
11:30 AM		Sewing with Nancy	Quilting Arts					11:30 AM
12:00 PM	I'll Have What Phil's Having	Sara's Weeknight Meals	Ciao Italia					12:00 PM
12:30 PM		Savor Dakota	Lucky Chow					12:30 PM
1:00 PM	Christopher Kimball's Milk Street Television	Hometown Georgia	Bare Feet with Mickela Mallozzi					1:00 PM
1:30 PM	Simply Ming	Beyond Your Backyard	Joseph Rosendo's Travelscope					1:30 PM
2:00 PM	Cook's Country	Rick Steves' Europe	Rick Steves' Europe					2:00 PM
2:30 PM	Lidia's Kitchen	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television					2:30 PM
3:00 PM	Mexico -- One Plate at a Time with Rick Bayless	Simply Ming	Mexico -- One Plate at a Time with Rick Bayless					3:00 PM
3:30 PM	Kevin Belton's New Orleans Celebrations	Cook's Country	Kevin Belton's New Orleans Celebrations					3:30 PM
4:00 PM	Confucius Was A Foodie	America's Test Kitchen from Cook's Illustrated	In Julia's Kitchen with Master Chefs					4:00 PM
4:30 PM		Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television					4:30 PM
5:00 PM	I'll Have What Phil's Having	I'll Have What Phil's Having	I'll Have What Phil's Having					5:00 PM
5:30 PM								
6:00 PM	Rick Steves Cruising The Mediterranean	Family Travel with Colleen Kelly	Bare Feet with Mickela Mallozzi					6:00 PM
6:30 PM		Beyond Your Backyard	Joseph Rosendo's Travelscope					6:30 PM
7:00 PM	My Greek Table with Diane Kochilas	Rick Steves' Europe	Rick Steves' Europe					7:00 PM
7:30 PM	Lucky Chow	Best of the Joy of Painting	Best of the Joy of Painting					7:30 PM
8:00 PM	Lucky Chow	Christopher Kimball's Milk Street Television	Christopher Kimball's Milk Street Television					8:00 PM
8:30 PM	Yan Can Cook: Spice Kingdom	America's Test Kitchen from Cook's Illustrated	In Julia's Kitchen with Master Chefs					8:30 PM
9:00 PM	Yan Can Cook: Spice Kingdom	Simply Ming	Mexico -- One Plate at a Time with Rick Bayless					9:00 PM
9:30 PM	Food Over 50	Cook's Country	Kevin Belton's New Orleans Celebrations					9:30 PM
10:00 PM	I'll Have What Phil's Having	I'll Have What Phil's Having	I'll Have What Phil's Having					10:00 PM
10:30 PM								
11:00 PM	Confucius Was A Foodie	Sara's Weeknight Meals	Ciao Italia					11:00 PM
11:30 PM		My Greek Table with Diane Kochilas	Lucky Chow					11:30 PM